

## Aura Cacia 100% Pure Essential Oils

Aura Cacia Oils come in .5 fluid ounce (15 ml.) amber bottles with a drop dispenser in place. We carry the entire line of Aura Cacia Oils and compliment their oils with other lines that are not available through them. Our favorite for aromatherapy, these oils are of excellent quality and reasonably priced. It is important to remember that pure essential oils need to be properly diluted before use and that some may irritate the skin. They are not for internal use and must be kept out of the reach of children. As with any alternative product, if pregnant, suffering from any medical condition, or taking medication, consult a health care practitioner before use. Avoid putting oils in direct sunlight. When using these oils for aromatherapy, remember to use mostly water in the aromalamp and add only a couple of drops of the essential oil. Please note that essential oil prices constantly fluctuate depending on the market availability. If the current price is over \$1 more than is listed, you will be contacted to confirm the new price before processing your purchase. (All information listed below is from their labels except for the safety data which we have included as a starting point for your personal research before use.)

SAFETY DATA LEGEND			
Use with Caution when one of the following applies:			
E	Epileptic	SI	Skin Irritant (dilute well before using)
HBP	High Blood Pressure	SI*	EXTREME Skin Irritant
S	Sun Exposure	P	Pregnancy

Name	Latin Name	Country of Origin	Aroma	Quality	Body	Mind	Spirit	Safety Data	Price
Allspice Berry	Pimenta dioica	West Indies	Spicy	Comforting	Invigorates the body	Balances mental energy	Centers the spirit	SI	\$7.09
Almond, Bitter	Prunus species	Morocco	Cherry-like	Centering	Purifies the body	Centers thoughts	Awakens the spirit		\$32.51
Anise	Pimpinella anisum	Egypt, Spain	Licorice-like	Cheering	Enhancing	Inspiring	Elevating		\$5.79
Balsam, Peru	Myroxylon balsamum	El Salvador	Vanilla-like	Empowering	Enhances skin	Empowers mind	Uplifts the spirit	SI	\$10.89
Basil, Sweet	Ocimum basilicum	France, Egypt, U.S.	Spicy, Herbaceous	Refreshing	Rejuvenating	Refreshing	Clarifying	P, SI	\$11.65
Bay	Pimenta racemosa	West Indies	Spicy, Sweet	Invigorating	Invigorates the body	Opens the mind	Enlivens the spirit		\$8.99
Bergamot, Bergaptene-Free	Citrus bergamia	Brazil, Italy	Fresh, Fruity	Uplifting	Cleansing	Clarifying	Uplifting	SI, S	\$12.89

Camphor, White	Cinnamomum camphora	China, Spain	Camphoraceous	Clarifying	Purifying	Clarifying	Protecting	P	\$4.49
Cardamom Seed	Elettaria cardamomum	Guatemala, India	Warm, Spicy	Inspiring	Warms the body	Inspires the mind	Entices the spirit		\$17.19
Carrot Seed	Daucus carota	France, India	Earthy, Woody	Replenishing	Nourishes skin	Focuses the mind	Balances the spirit		\$18.69
Cassia Bark	Cinnamomum cassia	China, India, Indonesia	Warm, Spicy	Encouraging	Energizing	Stabilizes thoughts	Encourages the spirit		\$7.49
Cedarwood, Texas	Juniperus mexicana	Mexico, U.S.	Woody, Balsamic	Strengthening	Tones skin & hair	Clears the mind	Supports the spirit		\$3.59
Chamomile, Wild	Ormenis multicaulis	Morocco, Spain	Sweet, Herbaceous	Calming	Soothing	Calming	Relaxing		\$26.35
Cinnamon Leaf	Cinnamomum zeylanicum	Madagascar, Sri Lanka	Spicy, Clove-like	Revitalizing	Energizing	Focusing	Revitalizing	SI*	\$5.49
Citronella	Cymbopogon nardus	Guatemala, India	Lemon-like	Stabilizing	Tones skin	Grounds thoughts	Stabilizes the spirit	P	\$4.09
Clary Sage	Salvia sclarea	Bulgaria, France, Russia	Floral, Musk-like	Balancing	Toning	Balancing	Elevating	P	\$13.39
Clove Bud	Syzygium aromaticum	Indonesia, Madagascar	Sweet, Spicy	Motivating	Energizing	Calming	Motivating	P, SI	\$7.29
Coriander Seed	Coriandrum sativum	Eastern Europe, Canada	Sweet, Earthy	Clarifying	Cleanses the body	Focuses the mind	Clarifies the spirit		\$7.39
Cypress	Cupressus sempervirens	East Europe, France	Foresty	Opening	Toning	Opening	Strengthening		\$8.99
Eucalyptus	Eucalyptus globulus	China	Fresh, Camphoraceous	Exhilarating	Refreshes the body	Invigorates the mind	Purifies the spirit		\$4.59
Fennel Seed	Foeniculum vulgare	Spain	Warm, Sweet	Restoring	Warms the body	Comforts the mind	Restores the spirit	P, E	\$6.49
Fir Needle, Balsam	Abies balsamea	Canada	Fresh, Evergreen	Elevating	Cleansing	Opening	Harmonizing		\$6.59
Frankincense	Boswellia carteri	Eastern Africa	Sweet, Balsamic	Meditative	Inspiring	Expanding	Elevating		\$23.99
Geranium	Pelagonium graveolens	China, France,	Rose-like	Comforting	Toning	Normalizing	Opening		\$12.59

		Morocco							
Ginger	Zingiber officinale	Australia, China, Madagascar	Earthy, Lemon-like	Anchoring	Warming	Anchoring	Encouraging		\$11.89
Grapefruit	Citrus paradisi	U.S.	Tangy, Citrus	Joyful	Refreshing	Opening	Cheering		\$9.85
Hyssop	Hyssopus officinalis	France, Spain	Spicy, Sweet	Liberating	Purifies the body	Energizes the mind	Frees the spirit	NI, P, HBP, E	\$27.49
Juniper Berry	Juniperus communis	France	Woody	Energizing	Purifying	Energizing	Liberating	P	\$15.15
Lavender	Lavandula angustifolia	France, Ukraine, Bulgaria	Sweet, Floral	Calming	Toning	Balancing	Soothing		\$9.99
Lemon	Citrus limon	U.S., Spain	Fresh, Fruity	Renewing	Cleansing	Opening	Elevating	SI, S	\$4.69
Lemongrass	Cymbopogon flexuosus	Guatemala, India	Lemon-like	Inspiring	Toning	Inspiring	Revitalizing	SI	\$5.29
Lime	Citrus aurantifolia	Mexico, U.S., West Indies	Tangy, Typical Lime	Freshening	Toning	Inspiring	Elevating	S	\$5.39
Marjoram, Wild	Thymus mastichina	Spain	Herbaceous	Warming	Warms the body	Clarifies the mind	Centers the spirit	P	\$8.39
Myrrh	Commiphera species	Eastern Africa	Spicy, Earthy	Introspective	Nurturing	Centering	Uplifting	P	\$21.40
Nutmeg	Myristica fragrans	Indonesia, Sri Lanka	Warm, Spicy	Rejuvenating	Energizing	Invigorating	Motivating		\$6.99
Orange, Sweet	Citrus sinensis	U.S.	Typical Orange	Brightening	Clarifies skin	Cheers the mind	Brightens the spirit		\$3.49
Patchouli	Pogostemon cablin	Indonesia	Rich, Earthy	Sensualizing	Soothes skin	Expands the mind	Captivates the spirit		\$11.99
Peppermint	Mentha x piperita	U.S.	Minty, Fresh	Cooling	Cooling	Refreshing	Renewing	P, SI	\$6.95
Rosemary	Rosmarinus officinalis	Spain, Tunisia, Portugal	Fresh, Herbaceous	Activating	Nourishing	Energizing	Purifying		\$6.15
Rosewood	Aniba Roseacodora	Brazil	Woody, Floral	Fortifying	Toning	Stabilizing	Centering		\$7.65
Sage	Salvia officinalis	France, Spain, Egypt	Herbaceous	Thought-Provoking	Purifying	Inspiring	Soothing	P, HBP,	\$9.99

								E	
Sandalwood	Santalum album	Indonesia	Earthy, Balsamic	Focusing	Tones skin & hair	Focuses the mind	Sanctifies the spirit		\$44.95
Spearmint	Mentha spicata	U.S.	Sweet, Minty	Animating	Invigorates the body	Clarifies the mind	Elevates the spirit		\$5.69
Tangerine	Citrus reticulata	U.S., Brazil	Tangy, Fruity	Cheering	Cleansing	Balancing	Cheering		\$4.39
Tea Tree	Melaleuca alternifolia	Australia	Spicy, Camphoraceous	Cleansing	Cleansing	Clarifying	Purifying		\$7.99
Thyme, Red	Thymus vulgaris	France, Spain	Spicy, Herbaceous	Purifying	Purifying	Clears the mind	Revitalizes the spirit	P, HBP, SI*	\$13.00
Vetiver	Vetivera zizanioides	Haiti, India, Indonesia	Earthy	Grounding	Nurturing	Supporting	Anchoring		\$10.99
Wintergreen	Gaultheria procumbens	U.S., Canada	Sweet, Minty	Reviving	Refreshing	Invigorating	Uplifting		\$5.69
Ylang Ylang III	Cananga odorata	Comoro Islands, Madagascar	Floral	Sensual	Sensualizes the body	Expands the mind	Elevates the spirit		\$11.25

### Aura Cacia 100% Pure Essential Oil Blends

Aura Cacia Pure Essential Oil Blends come in .5 fluid ounce (15 ml.) amber bottles with a drop dispenser in place. These are blends of 100% pure essential oils. Our favorite for aromatherapy, these oils are of excellent quality and reasonably priced. It is important to remember that pure essential oils need to be properly diluted before use and that some may irritate the skin. They are not for internal use and must be kept out of the reach of children. As with any alternative product, if pregnant, suffering from any medical condition, or taking medication, consult a health care practitioner before use. Avoid putting oils in direct sunlight and store away from heat and light. If properly stored, they maintain their potency for many years. When using these oils for aromatherapy, remember to use mostly water in the aromalamp and add only a couple of drops of the essential oil. (All information listed below is from their labels.)

Name	Blended With	Body	Mind	Spirit	Price
Energize	Lemon, peppermint, rosemary, sweet orange	Refreshing	Energizing	Revitalizing	\$9.99
Euphoria	Bergamot BF, amyris, ginger, ylang ylang III	Perfumes the body	Inspires thoughts	Uplifts the spirit	\$17.59
Heart Song	Lavender, rosewood, geranium, rose	Soothes the body	Calms thoughts	Encourages a	\$9.99

	absolute			loving spirit	
Inspiration	Lemon, bergamot BF, balsam fir needle, sweet basil, rosemary	Refreshes the body	Revitalizes the mind	Inspires the spirit	\$9.99
Soothing Heat	Balsam fir needle, lemon, eucalyptus, juniper berry, myrtle	Warms the body	Clarifies the mind	Harmonizes the spirit	\$9.99
Tranquility	Lavender, balsam fir needle, patchouli, palmarosa, geranium, Roman chamomile	Relaxing	Calming	Soothing	\$9.99