

Journal Entry

Object of Ritual/Title: _____

Date & Time of Ritual: _____

Deity, Pantheon/Tradition: _____

Way of Incorporating Deity: _____

Tools Necessary for working/Setup: _____

Element/Quarter: _____

Moon phase: _____

Planetary Influence/Day of the Week/ Hour: _____

Colors Correspondence: _____

Herb/Stones/Metal Correspondence: _____

Location/Weather: _____

Concise Statement of Intent: _____

Desired outcome : _____

Immediate Result: _____

Short term Results: _____

Long Term Results: _____

My Biggest Truth/Lessons Learned/Things I would Change: _____

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Text of Ritual Worksheet

East: _____

South: _____

West: _____

North: _____

Center: _____

Invocation to Deity: _____

Statement of Intent/Focus: _____

Releasing of Deity & Closing of Quarters: _____

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Template/Worksheet

Crafting the Spell:

- Identify your Goal or desire
- Examine the content of your situation
- Evaluate the repercussions
- Refine the specifics of your need or desire
- Decide on a time
- Decide on a method
- Choose correspondences and components
- Create central symbolic action
- Write the text
- Write the complete list of required materials

Casting the Spell:

- Set up
- Purify
- Dedicate Your Space
- State Your Purpose
- Raise and Release Your Energy
- Ground
- Release the Dedicated Space
- Record the Experience
- Reinforce the Spell with Action

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