

NOTE: Stones are not a substitution for medical advice or care.

## **Actinolite**

Actinolite is a shielding crystal. It can heal the subtle energy body, filling in gaps that can result from psychic attack, illness, stress and unwanted negativity. It balances body, mind and spirit, enhancing higher awareness. Actinolite can increase your self-esteem by getting rid of negative feelings, especially those of isolation that can hinder progress. It makes us more in tune with nature and all of our surroundings and that we are all an important part of "All That Is". Use Actinolite to connect with spirit guides. On the physical plane, Actinolite reduces stress, strengthens the immune system, especially after illness or trauma, and aides in proper liver and kidney function.

**≻**Notes

# Agate, Black

Black Agate brings the Great Spirit into your life. It attracts good fortune, removes jinxes, and helps eliminate bad luck. It increases concentration, clarity and promotes good will. Black Agate aids in overcoming flaws, fears, and loneliness, having a calming effect during times of stress. It gives a sense of strength and encourages fertility. Black Agate is used for protection, courage and success (especially in in competitions). On the physical plane, Black Agate is an excellent stone to use for reproductive system issues and during menopause. A powerful healer, Black Agate is especially beneficial for bone marrow and allergies.

**≻**Notes

## **Agate, Blue Lace**

Blue Lace Agate is an excellent stone to use for facilitating communication. It helps one to reach extremely high spiritual spaces, activates upper chakras, and allows one to enter high frequency states of awareness. > Notes

#### Agate, Botswana

Botswana Agate can help those who have repressed emotional issues that need to be addressed so that they can let go (release) and heal by having an anti-depressant quality. It can be helpful for those who are struggling to be genuine in their lifestyle, as it promotes an understanding of the need for deeper meaning. Carry it to promote creative ability in any project or goal. It encourages one to find solutions rather than focusing on negative aspects of daily challenges. Working with Botswana Agate is a reminder that we are love and compassion in action. It is also helpful in overcoming negative emotions by bringing love into the chakras. Although they work very slowly and deliberately, the gentle nature of Botswana Agate helps it to have a lasting impact.



## Agate, Dendritic

Dendritic Agate keeps one focused and centered during confusion and chaos. It brings abundance, fullness and peacefulness to your life, encouraging one to be gentle and enjoy each moment. Working with Dendritic Agate can lead to communication with the plant kingdom. 
> Notes

## **Agate, Green Moss**

Green Moss Agate improves ego and self-esteem, strength in all endeavors and efficacy in all pursuits. It balances emotions and strengthens positive personality traits. It facilitates communication with the plant and mineral kingdoms, the acquisition of riches, and the "powers of speed". > Notes

## Agate, Natural Lace

Natural Lace Agate stabilizes biorhythms and provides insight into your journey. > Notes

## Agate, Snakeskin

Snakeskin Agate's energies promote strength in times of excessive activity. It also encourages a pleasant personality by providing inner peace and an appreciation for the simple joy of being alive. As a result, users of snakeskin agate experience increased cheerfulness and self-love as well as a renewed love of life. It creates invisibility by becoming lost in a crowd. Snakeskin Agate assists in the reduction of worrying, promotes self esteem, and self-awareness. Snakeskin Agate can initiate the rise of the Kundalini (the feminine, dynamic, energetic and creative aspect of the universe from which all form is born). On the physical plane, it is used in the treatment of hearing problems and stomach disorders. It has also been used successfully to diminish wrinkles and to soothe the skin. It can be beneficial for finding lost items. >Notes

## Agate, Turritella

Turritella Agate helps us to move through times of trials and tribulations, and gives protection. >Notes

#### **Amazonite**

Amazonite eliminates aggravation, worries, and fears; also dispels irritating and negative energies. It soothes the nerves and emotional processes, and brings health. Amazonite enhances communication concerning love, and also manifests and retains the pure energy of Universal Love. >Notes

#### **Amber**

Amber is warm, nurturing, and healing, as it brings sunny energy into our lives. It manifests desires into reality, absorbs and transmutes negative energy into positive energy. It is stimulating, motivating, and stabilizing. Amber helps the body to heal itself, and is often used in birthing and rebirthing rooms as it cleanses and revitalizes the body and the environment. Amber promotes a positive mental state, bringing wisdom, peacefulness, and trust.

> Notes

# Amegreen (Prasiolite and Amethyst)

Amegreen provides a spiritual connection with sacred earth mysteries, bringing the spiritual into daily life. >Notes

#### **Amethyst**

Amethyst is the stone of spirituality, meditation, and contentment. It transmutes lower into higher energy. It clears the aura, bringing strength and peace. Amethyst protects against psychic attacks. It can encourage and support sobriety.



## Amethyst, Green (Prasiolite)

Green Amethyst's energy connects the heart and crown centers. It brings the Divine Light of Higher Consciousness down into the personal Heart center and helps attune the Heart center to altruistic love and compassion. Green Amethyst connects us with Earth energies and working with interdimensional earth beings like fairies, elves, gnomes. It facilitates healing work for Mother Earth and promotes visioning and shamanic abilities. 
> Notes

#### **Ammonite**

Ammonite is a very powerful earth healing fossil. It's spiral shape symbolizes continual change and evolution and is often used for activating Kundalini and life path energies. It is also often recommended to put in the home to attract health, prosperity and success. Drawing off all negative energies, it acts as a filter, drawing in these dense energies which are no longer needed, moving them through the spirals and releasing them as fresh, positive, loving life force energies. On the physical plane, Ammonites can help to increase stamina and vitality. Use Ammonites when working with issues of blood pressure or problems with the ears, lungs and degenerative disorders. Ammonites will also help to lift the heaviness that is sometimes felt during depression.

**≻**Notes

#### Andulusite/Chiastolite

Andulusite/Chiastolite has a highly protective vibration. It has been used to ward off the evil eye and curses by ancient people. This is a stone of balance and harmony and will counter disagreements between people of differing ideas, and transform their attitudes into one of harmonious agreement. This is an excellent stone for you to use alongside the higher vibration stones, as it is a powerful stone to aid you in journeying to higher spiritual realms and to learn about the contents of the Akashic records, while remaining grounded.

**≻**Notes

# **Angelite**

Angelite was discovered in Peru during the Harmonic Convergence. It is a symbol of verbalization and communication of love and light to the world. It is an excellent balancing agent, as it polarizes and aligns the physical body with the etheric network. Angelite provides a protective field around environment where placed; as an elixir it instills a shield of protection around physical body. Angelite enhances telepathic communication (stone acts as sender and receiver), initiates contact with other worldly beings, and helps communicate with your spirit totem. It raises state of conscious awareness, aids in spiritual journeys, and opens pathway for channeling and astral travel. It can also promote understanding of astrological and mathematical data. Angelite dispels anger, renews your connectedness with universal knowledge, and gives guidance in psychic healing.

> Notes

## **Apache Tears**

Apache Tears have an uncanny ability to lend support during times of sorrow. They will gently help you to accept and then release their grief. Carry an Apache Tear in your pocket as protection from all types of negative energies, including psychic attacks. It will help to remove and transmute these energies, clearing the way for more positive vibrations. Apache Tears can help to ground spiritual experiences into the physical, helping you to integrate these experiences into the everyday life.

> Notes

#### **Apatite**

Apatite stimulates intellect, helping you to see that true strength comes through both connection with spirit and love. When used with other crystals it helps get results more easily. It is useful for healing, storing information, communication, balancing energy, and teaching, It helps apply your insights and powers of manifestation and helps to integrate, coordinate and balance emotional, intellectual, physical and etheric bodies.

Apatite aids in eliminating over or under activity, blockage or congestion of any chakra. It stimulates clairvoyance, clairaudience, clairsentience, awareness of the deva kingdom, and can also provide a connection with UFO's, past life insights, and telepathy. Apatite enhances creativity and clears mental confusion. > Notes

## **Apophyllite**

Apophyllite helps you to remain totally conscious during astral travel, access Akashic records, communicate with the spirit world, and explore past lives. It helps you to recognize and act on truth on all levels. Natural pyramids facilitate channeling, energy for preservation, and rejuvenation. > Notes

## **Aqua Aura**

Aqua Aura is infused with Gold, and is both a success and an abundance stone. It enhances communications of all kinds, helping you both speak and see the truth. It also assists with growing and using self-expression in a calm and loving manner. It amplifies and preserves higher thought forms and is an outstand-

ing tool for people wishing to increase their psychic skills and awareness, Aqua Aura strengthens meditation, which can enhance any psychic endeavors. It is used to empower and enhance telepathy, clairaudience, clairvoyance, psychic healing, and automatic writing as well as other modalities. It protects from psychic attacks by strengthening and healing the auric field, and calms emotions and eliminates or reduces anger.



**≻**Notes

## **Aquamarine**

Aquamarine enhances connection with the Higher Self and attunes to higher spiritual levels. It shields the aura and subtle bodies. It increases reasoning and knowledge, and the correct management of responsibilities. On the physical plane, it can quard against injury in battle.

**≻**Notes

# Aquaprase

Aquaprase helps the wearer tune into their communication centers and harness their innate abilities for meditation and impactful speech. It helps the wearer to absorb all aspects of a situation before jumping to conclusions. Aquaprase unites water and earth in a way that mirrors the reality of the natural world. It is a great stone for people taking on big life endeavors such as going back to school. It helps the wearer see the big picture and be open to their role in it, whatever that may be.

> Notes

## **Aragonite**

Argonite helps us to remain centered even under times of stress and conflict. It help us to prepare to enter a meditative state and stimulates communication on higher planes. It increases patience with others and situations. Aragonite can help us to maintain discipline in our activities and development plans. 

Notes

#### Astrophylite:

Astrophylite has been used to promote commitment to the self and to others, enhances fidelity, truthfulness, and openness. It provides clarity with respect to perceived past connections and alleviates feelings of isolation.

**≻**Notes

## **Atlantisite**

Atlantisite augments knowledge concerning the techniques that will expedite any healing session, heightening perception and making you sensitive to unspoken needs. It allows you to be grounded. Atlantisite brings together those of unlike minds and can assist in ending disputes.

> Notes

#### **Auralite-23**

The average "Auralite 23" contains at least 17 of the following minerals: Titanite, Cacoxenite, Lepidocrosite, Ajoite, Hematite, Magnetite, Pyrite, Geothite, Pyrolusite, Gold, Silver, Platinum, Nickel, Copper, Iron, Limonite, Sphalerite, Covelite, Chalcopyrite, Gialite, Epidote (Bornite), Rutile, Amethyst, and Green Aventurine. These crystals bring forth a reminder of the positive connections from the self to other beings, to paths and ways of life, and to places that bring inner peace and serenity. It connects to it's keeper like a twin spirit. This stone teaches that "All is as One", reminding of how alike one-another are to each other despite outer differences. It helps to remove feelings of burden and stress, a stone that envelopes the being with an air of calm, brings gentle waves of soothing energy, lifts away feelings of low emotion and depression. It removes and wards away negativity, replacing it with positivism. It can help ease, and even put a stop to sleep disorders that are closely related to insomnia or where it is insomnia alone with no known causes. Auralite 23 teaches the law of attraction and throws light on what is beneficial to the being, giving the chance of many positive opportunities.

> Notes

## Aventurine, Green

Green Aventurine activates, clears, and protects the heart chakra. It blocks entry of those who would "tap-in" and use the energy of others. It reinforces decisiveness, amplifies leadership qualities. Green Aventurine balances and aligns intellectual, emotional, physical and auric bodies.

> Notes

## Aventurine, Red

Red Aventurine is the stone of manifestation through action. It draws upon the elements of Earth and Fire to increase the flow of prana, or life force, in revitalizing the physical body and focusing its energy to get things done. It boosts vitality and mental alertness, and amplifies the desire to take on life's challenges with determination and perseverance. Red Aventurine inspires creativity and sexuality, and renews excitement and confidence in bringing your projects, goals and desires into reality *Notes* 

#### **Azurite**

Azurite eliminates worries, indecision, troubled thoughts, and releases barriers on your path. It develops and expresses psychic experiences, enhances creativity and self-confidence. Azurite facilitates contact with your Native American Spirit Guide, and amplifies and clarifies pendulum work. 
> Notes

#### Azurite/Malachite

Azurite/Malachite dissolves energy blocks and frees you from negative, emotionally charged thoughts. It facilitates the pursuit of the heavenly self and the development of the psychic self. It is a stone of "Connection to All", ridding egocentric characteristics.

> Notes

## **Bismuth**

Bismuth relieves symptoms of isolation, both spiritually and emotionally. As a stone of transformation, it calms disorder and helps push changes in the right direction with a physical vitality, connecting to "All That Is". The energy is transformed from the crown chakra to the base chakra, which is something other stones don't do. It can be used on all chakras. The power of wisdom can be actualized through Bismuth. It improves concentration and visualization during Shamanic journeys. In helping to transit from a physical plane to an astral state or spiritual realm, it provides for continuity in travel for a pre-established plan. > Notes

#### **Bloodstone**

Bloodstone provides centering and grounding while energies are being realigned. It brings courage and determination to deal with challenges. Its energy is that of renewal and revitalization, for self and for relationships. Bloodstone brings insight into spiritual truths, provides emotional support and strength to physical body.



#### **Brass**

Brass is a combination of Copper and Zinc. A solar metal, it substitutes for gold, attracting money and wealth. It brings protection and deflects negative energy back to the one who sent it. Brass enhances healing energetics and it draws good, sincere people to you. >Notes

#### **Bronze**

Bronze is a combination of Copper and Tin. A solar metal, it substitutes for gold, attracting both love and money. It is a protective and empowering metal. Bronze stimulates healing and brings good luck. Use Bronze to enhance positive interactions with others.

**≻**Notes

#### **Bronzite**

Bronzite is a protective, grounding mineral that is used to restore harmony and self confidence in situations where you feel overwhelmed or powerless. It strengthens non-judgmental discernment and increases self esteem. Bronzite is beneficial for masculine energy. It inspires courtesy, help, and acceptance. Bronzite promotes focused action and courtesy. This stone is beneficial to use when making plans for the future because it alleviates indecision and doubt. Bronzite is also believed to be effective against curses or ill wishes. >Notes

## Cacoxenite

Cacoxenite brings new ideas to humanity. "A stone of ascension", it raises your vibration. Cacoxenite activates memories of past lives, brings discretion, increases spiritual awareness and oneness on all levels. It helps with cellular and DNA perfection and evolution.

> Notes

## Calcite

Calcite increases and amplifies energy. This makes it an excellent stone for distance healing, as well as other types of healing. One of the energies it amplifies is learning abilities, and thus is a great stone for students. Calcite is a protecting, grounding and centering stone, and can help bring inner peace. Calcite is also a stone of spirituality and wisdom.

**≻**Notes

#### Calcite, Blue

Blue Calcite can be used as a healing stone when worn or placed between blue or purple candles. It is often used in purification rituals. On the physical plane, it stimulates metabolism, strengthens the immune system, stabilizes the rhythm of the heart, lowers blood pressure, and dissolves pain. > Notes

#### Calcite, Green

Green calcite is a grounding and centering stone that brings stability. It increases success, prosperity, business, and fertility of all kinds. It is an excellent stone for gardening. It is also considered a stone of manifestation because of it's ability to develop increase in all areas. Green calcite is said to enhance intuition and psychic abilities

**≻**Notes

## Calcite, Orange

Orange Calcite is particularly helpful mentally. It can relieve emotional fear, mental breakdown, and depression. This stone restores mental and emotional equilibrium. On the physical plane, orange calcite is helpful for the reproductive system, genitals, intestines, irritable bowel syndrome, kidneys, chronic fatigue, calcium intake and assimilation. It is also helpful for balancing sexual energies. > Notes



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## Calcite, Honey

Honey Calcite is a stone that gently amplifies energy. It also assists in the challenges associated with change. It enhances psychic abilities, astral projection and higher consciousness. It also enhances intellect and memory. On the physical plane, honey calcite is used in crystal healing for kidneys, bladder, female organs, and menopause. It is an excellent massage stone. Honey calcite is said to be particularly good for children who have problems with bed-wetting.

> Notes

# Calcite, Lemurian Aquatine

Lemurian Aquatine Calcite gets its name from its affinity to the element of water, and to the water-oriented civilization of Lemuria. It deeply nourishes the emotional body. It is a strong antidote to stress, fear, worry and anxiety about the future. It soothes and replenishes the etheric body. It enhances dream life and facilitates lucid dreaming. Lemurian Aquatine Calcite is ideal for opening up your capacity for recalling past lives. >Notes

## Calcite, Tri-Color Apache

Tri-Color Apache Calcite, enables you to work with the span of color energies in red, white, and black. Red Calcite is a stone of vitality in the sense that it energizes the base or root chakra and helps attract life energy to you. It can help you shake off the "morning head" doldrums of waking up. White calcite is a stone of consciousness expansion and can help energize the Third Eye. It can also help cleanse the energetic subtle body (aura) and clear blockages. Black Calcite is beneficial for relieving depression, heartbreak, anxiety over loss of employment, and handling unexpected changes. It helps you to see the light at the end of the tunnel, and assists with renewal and rejuvenation.

# *≻Notes*Carnelian

Carnelian stimulates analytical capabilities and precision. It rids apathy, indolence, passivity, envy, and fear. This stone increases physical energy, personal power, and creativity. Carnelian connects with and brings inspiration from Spirit Worlds. It is healing for body organs and brings vitality to healing process. > Notes

## Cavansite

Cavansite is a stone of transition through major life changes. It helps you to make sense of previous experiences or life lessons that you may have had difficulty with in the past, and to optimistically and happily deal it. It aids you to let go of faulty thinking and be comfortable in the knowledge of your actions. It aids your ability to connect with spirit and is a highly useful stone for those in psychic employment. Cavansite helps you to remember information gained from spiritual journeys, and facilitates the clear communication of messages from the spirit world. It is used for calming the nerves and emotions and for opening the door to truth without interference. Used with Stilbite, it opens the heart chakra, used with Apophyllite, it increases psychic abilities.

> Notes

#### Celestite

Celestite facilitates mental activities, dream recall, clairaudience, and astral travel. It brings serenity, calmness, and harmony. Celestite is a stone that helps access information from angelic realms, promotes conversation with your Guardian Angel and Angelic Guides. It can be helpful in the pursuit of music and the fine arts.

**≻**Notes

#### Chalcedony

Chalcedony alleviates hostility, irritability and melancholy. It brings calm, balance, centeredness and encourages benevolence. Chalcedony increases mental acuity, telepathy and communication with Invisible Realms. It also assists with past life remembrance and healing.



#### Charoite

Charoite transmutes negativity and grounds the spiritual self. It transmutes symptoms of illness and disease to wellness. It helps with attention span, second sight, and visioning. Charoite will bring forth ultimate benefits in situations encountered.

**≻**Notes

## **Chinese Writing Stone**

The Chinese Writing Stone has been used to access the Akashic records and helps realign goals towards a higher purpose. It promotes peaceful dreaming, sparks creativity, and helps us accept and adjust to change. It can be used to reaffirm relationships, commitments, and loyalties.

**≻**Notes

## Chrysocolla

Chrysocolla aids in communing with the Spiritual forces of Earth. It promotes inner strength, vitality and harmony by helping relieve stress from negative emotions. This is a stone that can help rebuild relationships. Use it to purify home and environment.

**≻**Notes

## Chrysoprase

Chrysoprase activates, opens, heals and energizes the heart chakra. It increases fluency of speech with the presence of mind. It facilitates fidelity in business and personal affairs, brings grace, compassion, and acceptance.

**≻**Notes

#### Cinnabrite

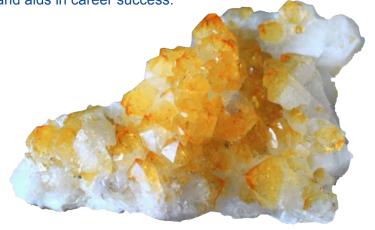
Cinnabrite is a new stone discovered in Peru. They are white stones with flecks of pink Thulite (Epidote). It is a stone of physical energy, vitality, and protection. This is a stone of Fire Energy — the energy of heat, action, emotion and passion — of ideas, of concepts, and sex. It is alive and potent. We all need the heat, passion, and life giving energy of the fire element. Cinnabrite enhances the will power to attain and maintain inner freedom.

**≻**Notes

#### Citrine

Citrine dissipates and transmutes negative energy. It brings and maintains wealth, dispels fear, and brings happiness. It is helpful in education, business pursuits, and interpersonal relations. Citrine improves mental focus, and aids in career success.





#### Copal

Copal is the term given to organic resins that are not old enough (i.e. *younger* than 100,000 years) to have fossilized and hardened sufficiently to become Amber. Copal links to the crown chakra, allowing awareness in the void of pure being and no mind during deep meditations. It awakens psychic abilities and boosts the auric body. Copal can remove energy blocks and aligns the physical with the etheric bodies. It is useful for disorders of the stomach, liver, spleen, gallbladder, kidneys and bladder. It is also useful for assisting with stress disorders and depression.

## Copper

Copper is the metal of Venus, energy of the Goddess, and frequently worn to attract love. It is used to conduct, direct and distribute energy. It balances and increases the flow of healing energy through your energy field. Copper is carried for good luck, to draw money, and protection. > Notes

#### Covellite

Covellite aids in the development of inner intuition, psychic and magical abilities. It is a high vibration crystal with energy that stimulates psychic abilities and intuitive work. It is an excellent stone for anyone wishing to acquire information on past lives and karmic pattern. Covellite is good for psychics, channels, mediums or spiritual teachers. It is an excellent grounding stone that activates the Third-Eye and Crown chakras. >Notes

## **Dalmatian Stone**

Dalmation Stone encourages you to carefully think over plans for any project, reflecting on every phase of development, and then to translate the ideas into actuality with enthusiasm and vigor. It is an excellent talisman for the early stages of setting up a business or solo venture. This stone can encourage fidelity and emotional harmony, strengthening family bonds and long-term friendships. It encourages team effort and cooperation at work. Children benefit on all levels from this beautiful stone, particularly at night to assure safe sleep and in preventing dreams of monsters and other nightmares. On the physical plane, it is an excellent anti-smoking crystal.

**≻**Notes

#### **Danburite**

Danburite opens the soul-star chakra (above crown chakra). It encourages shining forth of your higher self in daily life, bringing ease to your life path. It brings cooperation between people, allowing for ease in maintaining personal identity while flowing through life's journeys. Danburite activates your intellectual aspects inwardly, and allows you to be able to react with others from this viewpoint. On the physical plane, it enhances motor capabilities and is said to remove toxins from the body.

**≻**Notes

#### **Emerald**

Emerald eliminates negativity from your life, and stimulates loyalty within yourself and others. It enhances memory and discernment. This semi-precious stone stimulates and opens the heart chakra while also quieting the emotions. It brings understanding of Universal Laws and helps with the positive outcome in legal situations. > Notes



## **Epidote**

Epidote enhances the energy of whatever it touches, includ-

ing other stones. It increases perception and interaction with spiritual beings, and brings spiritual growth. It is helpful for those stuck in modes of depression, hopelessness, or other negative thinking pattern. Epidote can inject a sense of hopeful optimism into your emotional body, releasing negativity, and helping to bring the mind into a higher vibration. This stone has the ability to clear congestion and energy blockages in the physical and subtle bodies and increases energy (which is useful in strengthening the physical body). It increases personal power, clears the emotional body aura, and even increases memory, making it a helpful when looking for lost object.

**≻**Notes

## **Eye of Shiva**

The "Eye of Shiva" is the protective "door" on the living shell, protecting the animal within, closing off and defending against all prey. Used to establish boundaries, deflect negative energetics, and to insure safety and protection.

## Flint, Banded

Flint is known as the stone of optimism and removes shyness, it is said to help you attain a perfect balanced state, powerfully grounds and aligns energy. It removes stressful emotions, attachments especially useful in facilitating objectivity in troubling situations and cutting away all that is outworn. It is used as a protection talisman and to increase insight, intuition and psychic abilities. This stone helps understand and accept your shadow side and strengthens your spirit.

**≻**Notes

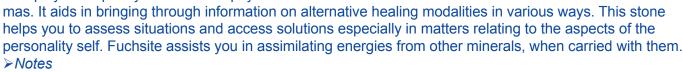
## **Fluorite**

Fluorite stabilizes, brings order to chaos, increases concentration and mental achievements. It purifies, offers protection from illness, cleanses, and eliminates disorders on physical, emotional and mental levels.

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#### **Fuchsite**

Fuch site is a form of mica, it brings flexibility and introspection. It helps you to quickly recover from physical and/or emotional trau-





Fuchite aids you in appreciating the beauty in all things, to open the heart to feelings of goodwill toward all beings, to add a sense of magic and wonder to your time with his or her children, and to attract fairies and sprites.

**≻**Notes

# **Fulgurite**

Fulgurite enhances communication with other worlds and the beings inhabiting them, helps you to focus and concentrate, and promotes clairaudient experiences. The tube form of Fulgurite assists with visioning of future events and provides for quick connection of energy from Higher sources through your body. >Notes

#### **Garnet**

Garnet is a stone of health, it extracts negative energy from the chakras, It balances and stimulates the development and movement of Kundalini. Garnet discourages chaotic, disruptive, and disorganized growth and assists the commitment to purpose, others, and to the self.

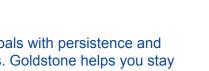
> Notes

#### Geodes

Geodes are good for stimulating creativity, family harmony, and harmony in all areas. Placed in the home's corners they help stimulate chi flow. Placing a crystal inside a geode helps to cleanse and recharge it at the same time — think of geodes as power generators comprising the sum total of ALL crystals it contains. On another level, geodes actually represent the divine feminine aspect. These qualities are in addition to the individual properties of the crystals on the lining surface 
>Notes

#### Goldstone

Goldstone is known as the Stone of Ambition. It can help you achieve your goals with persistence and determination. It will help you stay calm even in emotionally volatile moments. Goldstone helps you stay energized and enthusiastic. It will revitalize your energy field so that there's no dull moment spent with you. It can build your confidence and belief in yourself, boost the glow of your life force, and strengthen your inner self.



#### Helidor

Helidor enhances personal power, intellect and communication. It opens conscious contact with the mental plane. This stone facilitates the beaming of "White Light" around persons and objects. It can also eliminate duality within your character.

**≻**Notes

#### Hematite

Hematite protects and dissolves negativity and is a very grounding stone. It enhances mental capabilities, original thinking, memory, and technical knowledge. Hematite brings strength and courage, and is a good stone to carry in legal situations.

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#### Heulandite

Heulandite is one of the stones that is said to bring you ancient mystical information from Atlantis, Lemuria and Ancient Egypt including techniques and traditions. It is used for past-life recall in addition to accessing the Atlantean/Lemurian information. It is a stone that promotes receptiveness and having an open mind even in situations that it is normally difficult. This stone is an excellent emotional healer for dealing with loss of all kinds, especially grief. It is said to assist with weight loss, balance and inner ear problems, foot issues, and respiration. Heulandite is considered to be associated primarily with the crown chakra. 

Notes

## **Himalayan Salt Lamps**

Himalayan Salt Lamps provide the protective power of salt. They generates negative ions which promotes positive moods, helps eliminate pollutants, and has an anti-aging effect on the skin. They are an excellent light source to use when sitting to develop psychic abilities.

**≻**Notes

# **Hypersthene**

Hypersthene allows us to clearly see what is right, and it guides us to adhere to our beliefs based on that, and to stand strong by what we know. It enables us to use better judgement in all areas of life. Use Hypersthene to reduce anxiety and tension, and offer calmness and peace of mind in its place. It aids in a spiritual and universal awareness, and heightens psychic ability. For these reasons, it is a most enlightening stone when applied to meditation experiences. If you are looking for answers in daily life, or as they apply to your spiritual journey, Hypersthene will lead you to discovering the insight you seek. This stone is an asset to students and skilled professionals, as well as anyone needing a higher degree of mental clarity.

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#### lolite

lolite increases the acceptance of responsibility and is an excellent money management tool, helping to eliminate debts. It helps to relieve discord from your life while strengthening and aligning the auric field with subtle bodies.

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#### Jade

Jade transmutes negativity, brings confidence, peace, and helps to access the spiritual worlds. It releases limitation, inspires ambition, self reliance, self sufficiency, and self assurance. Jade provides a clear memory of dream state.

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## Jade, Nephrite

Nephrite Jade is a type of jade which is considered to be good for emotional balance and stability. It is related to the heart chakra and has a beneficial effect on all heart chakra related issues, and all love relationships. Jade of all kinds is a very protective stone and is particularly good protection for children, against illness, and for psychic protection. It has energetic clearing properties, and is useful to keep with other stones. On the physical plane, Nephrite Jade is used in the crystal healing of the physical heart, and kidney problems. > Notes

## **Jasper**

Jasper protects against and eliminates negativity. It helps you to be grounded and stabilized to Earth Energies. It is a stone that aligns the chakras and the bodies, promoting clear astral travel, and stabilizing the aura. It can be useful in dowsing. > Notes

# Jasper, Bumble Bee

Bumble Bee Jasper is actually a combination of volcanic matter, anhydrite, hematite, sulfur, arsenic, etc. The yellow coloring is due to the presence of sulfur, which is toxic, as is arsenic, so care should be taken to always wash your



hands after handling. It activates the Sacral and Solar Plexus chakras, enabling you to accept change, find new opportunities, increase your self-esteem and make decisions without relying on emotions. On the physical plane, it can help with abdominal issues, allergies, the nervous system, and heart and circulatory system disorders.

**≻**Notes

## Jasper, Camel

Camel Jasper is conducive for a deep, grounded meditation, facilitates past life regression, and activates the root chakra through its connection to Earth. It inspires calmness, is nurturing, and instills a positive attitude regarding problems and obstacles you are facing, It provides stability, security, and protection. Camel Jasper strengthens the immune system, helps in both physical detoxification and detoxification of negative thought forms, stabilizes the aura, and increases mental and physical stamina.

**≻**Notes

## Jasper, Dragon Stone

Dragon Stone Jasper is a stone with a strong pattern of physical vitality, capable of bringing more energy into the auric field and the physical self. It calls forth the gentle strengths of love, forgiveness, and compassion — the only energies that can tame the inner dragon. It helps with loneliness and keeps your spirits up. Dragon Stone Jasper helps you develop self-confidence, a stronger will, an open expression of feeling and affection, a willingness to help others for the greater good, and the persistence required to make real and effective change. It is good for a yin/yang balance, the aura, and provides protection against negative people. >Notes

# Jasper, Kambaba (Infinity stone)

Kambaba Jasper is a stone of Peace and Tranquility, imbued with the nourishing green energy of Nature. It brings serenity with mental clarity. Its dark mystic circles and deep green swirls comforts and protects, calms and relaxes, soothing troubled minds and restoring balance to the body and spirit. Its slow, steady frequency expands your ability to focus and is a remarkable aid in meditation, granting the release of negative thoughts and feelings, especially those that plague your consciousness on a continual basis. Stimulating the heart chakra, Kambaba Jasper draws wisdom from its ancient life energies and encourages you to open the heart to loving the self and others more fully, and increases the ability to receive love in return. Kambaba Jasper is good for grounding and offers protection for travelers, both on the earth plane and on the astral plane. It is beneficial for plant growth and said to cleanse the body of toxins.

> Notes

#### Jasper, Kiwi (Sesame Jasper)

Kiwi Jasper is good for those that work in the healing profession or those that are counselors or therapists. Placed in a room, it can help to eliminate negative energies. It helps overcome addictive behaviors or compulsive habits. Kiwi Jasper helps to align the chakras and facilitate dream recall. It can heal sexual dysfunction and prolong sexual pleasure by supporting and re-energizing the physical body. >Notes

## Jasper, Ocean

Ocean Jasper brings joy, lifts mood, and relaxes. It helps you to see and appreciate life's blessings, encourages positive thoughts, words, and actions. Ocean Jasper helps you to focus on the present, lifts depression, and helps to rid self-destructive behaviors.

> Notes

## Jasper, Picture

Picture Jasper assists with visualizations and works of creation. It helps us to understand the mysteries from Earth's past and of ancient civilizations, and it provides a connection to Earth's energies. It brings organization to Earthly pursuits and helps us to "unearth" personal issues so that resolution can be achieved. > Notes

## Jasper, Red

Red Jasper is known as the Stone of Endurance, a gentle, but vital, stimulator of chi, or Life Force, bringing physical strength and energy, stamina, focus, and determination. Its steady frequency calms the emotional body creating a lasting, stable energy for improving health or overcoming illness, setting goals and following through to completion. Red Jasper activates the Base Chakra and stimulates the rise of the Kundalini energy throughout the chakras, cleansing and strengthening the aura. It is a stone of passion, useful for restoring and rejuvenating the libido, and in manifesting creative ideas.

> Notes

#### Jet

Jet is fossilized wood. It dispels fearful thoughts, decreases depression, and protects against illness and violence. It aligns the base chakra and stimulates awakening of the Kundalini, helping it move towards the crown chakra when place on upper body. Jet enhances the stability of your finances. > Notes

#### K2

K2 is a must for the serious crystal healer . It has many healing properties. If you want to promote harmony and connection within your work and family groups, communicate your deepest thoughts and feelings, and have more control over your emotions, this stone is a must . K2 helps the user become more grounded, balanced and live in harmony. This high vibrational stone aids the user in developing a deeper sense of empathy and compassion. It is also helpful in the treatment of obsessive compulsive disorders. On the spiritual plane, this stone facilitates our connection to Source, it can also help us access the Akashic Records and is a valuable tool for use in soul retrieval. On the physical plane, K2 relieves migraines and headaches caused by psychic blockages and helps strengthen bones. >Notes

## **Kansas Pop Rocks (Energy Stones)**

Kansas Pop rocks are a fascinating pyrite concretion from western Kansas and are a bridge between the organic and inorganic worlds — the mineral crystallizations form over a nucleus of fossilized seashell. People who work with stones metaphysically often use them for auric healing and energy balancing. They generally have either smooth (female) or bumpy (male) surfaces, and meditators usually use the two "sexes" together or separately to balance or emphasize chosen polarities. The "energy" of these odd little stones is said to be of strong intensity and of a rather playful quality. These stones offer good grounding with high energy. 

Notes

#### **Kyanite**

**≻**Notes

Kyanite aids in spiritual guidance, enhances your intuition, promotes peace and compassion, and stimulates creative energy. It aids in communication with your spirit guides, totem animals, guardian angels, and enhances your personal exploration of their spiritual nature. Kyanite dispels confusion and energy blockages, and brings compassion and calmness. Kyanite will not hold negative energy. It facilitates in meditation, access to the astral plane, and aligns and opens all chakras.

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#### Labradorite

Labradorite keeps the aura clear, balanced, protected and free from energy leaks. It brings the light of planetary and evolved beings, and facilitates advancement towards ascension. Labradorite provides strength, perseverance, insight, and rids insecurity and fears.

**≻**Notes

## Labradorite, Golden

Golden Labradorite, also known as Yellow Labradorite, is a stone that helps balance your energy and harness your personal power. It is a masculine stone, and as it's bright, yellow color suggests, its energy has a solar tone, hence why it's often called the Sunstone. The lively, golden color of this beautiful stone is a reminder of its power to help the wearer feel more positive and it is uplifting. It is also

very handy to have around when dealing with change, as it can help dim mental clutter and help us focus. As hinted at by its multi-faceted, deep veins of color, it is known for the power to help intuition and psychic pursuits, and is good for those wishing to learn more about their inner self.

**≻**Notes

# Lapis Lazuli

Lapis Lazuli helps us access esoteric ideas and sacred texts, and connects the physical and the celestial. It assists in organization of your life, enhances self acceptance, and protects from physical dangers and psychic attacks.

**≻**Notes

#### Larimar

Larimar is a crystal of serenity, promoting relaxation in every aspect. Use as a worry stone, or place in the home or workplace to assure a pleasant atmosphere. Hold as you sit on the seashore, or gaze into the sea-like patterns of the stone, to reconnect with the ebbs and flows of your inner tides. Larimar is used to overcome fear of doctors, hospitals, injections or surgery. It promotes clear and confident communication with health personnel. It is a wonderful stone for mothers, during and after pregnancy. It helps in alleviating post-partum depression, and relaxes the stress associated with new parenthood. As a soothing, water element stone, Larimar cools hot tempers and guides excessive passion into peace. It may be used to diminish the frequency and intensity of hot flashes.

**≻**Notes

# Lepidocrocite in Quartz

Lepidocrocite in Quartz clears mental confusion, awakens the inner "true self", enhances intuition, and promotes astral travel by strengthening the connection between the astral and physical body (easing return to form as desired). It enhances communication with the angelic realms, encourages others to act from an honorable stance, and cleanses and stimulates all chakras. On the physical plane, it suppresses hunger, and is said to promote the shrinkage of tumors.

**≻**Notes

#### Lepidolite

Lepidolite reduces stress, lifts despondency, and gently induces changes and brings smooth passage through them. It facilitates in astral travel, birth and rebirthing. Lepidolite is excellent for business with diplomacy and clear communication, and it provides calmness and stability.

**≻**Notes

#### Magnetite

Magnetite helps you to "draw in" desired situations, people, and opportunities that are in line with positive spiritual growth and development. It brings balance to the various levels of the physical and energetic bodies. Magnetite helps you to attain deep meditative states, and brings protection, grounding and connection with Earth's stable energy field. It balances the thinking and feeling self.



#### **Malachite**

Malachite helps us recognize and release negative experiences and situations, creating an unobstructed path to a desired goal. It provides insight to the causes of situations, helping you accept responsibility

for their actions. It helps clear a path to your goals and guides your steps to take for realization of them. Malachite provides insights into disorders on all levels — Body, Mind and Spirit. It helps situations to change and evolve. This stone assists to clarify emotions and release negative situations, and helps you to intuitively work through difficult situations. It assists in clearing and activating all chakras. Malachite brings loyalty in love and friendship. On the physical plane, it is a protective stone in aviation.



**≻**Notes

# Malachite, Drusy

Drusy Malachite has the same qualities as Malachite, in addition, it facilitates spiritual growth and enhances psychic abilities.

**≻**Notes

#### Marble

Marble is said to encourage wisdom in decisions and common sense, helping flexibility through difficult circumstances and helping with positive focus to bring about physical and emotional improvements. It is said to assist with mastery of thought and meditation encouraging serenity.

**≻**Notes

# Merlinite (Gabbro)

Merlinite is a stone of duality, of black and white, and light and dark. This is a stone that attracts powerful magic and good luck into your life and it may also take you to places where you make contact with the deeper, darker parts of yourself. Merlinite promotes our levels of contact with spirit and also aids our own spiritual growth. A stone of harmony that aids the birth of creativity and clear psychic visions, it will aid you to access higher spiritual energy and to make contact with guides and teachers in the higher realms. >Notes

#### **Meteorite**

Meteorite is a stone of the root chakra. It assists with inner stillness, patience, and persistence with spiritual growth and soul purpose on Earth. It offers protection of home and the workplace.

> Notes

#### Moldavite

Moldavite is the only gem quality stone of extraterrestrial origin. The cosmic attunement stone, it is believed to be the "Stone of Holy Grail" and "Stone of Shambala". It prepares you for ascension and illumination, and connects you with Ascended Masters and higher planes of Light. Moldavite elevates consciousness while maintaining awareness, and activates and increases the frequencies of all chakras. It brings cleansing and spiritual breakthroughs, revitalizes, and accelerates your personal evolution. Moldavite promotes physical, emotional, mental and spiritual healings, and enables natural, spiritual protection due to its high vibrational frequencies. Moldavite helps disconnect from unhealthy relationships or situations, bringing in that which promotes our spiritual growth, propelling us along our spiritual path.

> Notes

## **Mookaite**

Mookaite assists you with decision making. It increases energy and ideas, brings enthusiasm for projects and interactions, helps you to be "true to their word" and encourages the same in others with whom you interact. Mookaite helps to organize and prioritize, including honoring your self and your personal needs and desires. It brings guidance and direction through the vicissitudes of life, and helps us to be kind to ourselves and others, bringing companionship, clarity and insight.

#### **Moonstone**

Moonstone is balancing, introspective, reflective, and lunar. It helps change the structure of your life on all levels, bringing new beginnings and relating them to successful endings. It facilitates absorption of universal energies, allows the flow through ups and downs in your cycles, while being able to maintain and sustain your chosen course. It bridges access to evolved entities from other worlds, and brings insight and intuition. Moonstone cleanses negativity from chakras while bringing spiritual nourishment and sustenance. It stimulates confidence and composure, and assists you to fulfill your destiny, connecting physical, emotional and intellectual bodies and removing obstacles from your path. It can provide protection during travel. This is a stone that brings good fortune, tenderness, happiness, and calmness with awareness.



**≻**Notes

#### Moonstone, Black

Black Moonstone invokes the reflective, intuitive power, and Goddess energy of the waning moon. This eases frustrations and lends a greater ability to flow and move in harmony natural tides of life. It is a gem of "hoping and wishing". When you send the energy of a 'wish' to the Universe, it allows you to absorb that which is needed from those universal energies. Black Moonstone assists in fulfillment of your destiny, is protective of emotions, and reveals hidden insights in a situation.

**≻**Notes

#### **Mordenite**

Mordenite brings harmony to you, your group of friends, and your home. It helps you center, eases your mind, and allows you to focus better, helping you to eliminate distractions. You will find it useful for white magic and other white rituals. It is useful for depression, allows you to see things as they are, and helps you walk away from negativity. It can eliminate sarcasm.

> Notes

# Morganite

Morganite cleanses, stimulates and activates the heart chakra. It brings love into life and equality into relationships. This stone enhances accountability and self-control. Morganite brings in clear wisdom from Spirit Guides, and attunes you to Divine Love and Compassion.

**≻**Notes

## **Nuummite**

Nuummite is a stone of personal magic, increasing the frequency of clairvoyance and intuition allowing for journeying deep into the personal psyche, and offering a clear vision of your true Self. It is a stone that draws on deep earth energy. It brings the gift of inner power, healing, and self-mastery. It develops self-love and acceptance of your personal power. Nuummite is fiercely protective against negative energies, manipulations, and environmental pollutants. Healers use Nuummite to increase the energy of other healing stones.

**≻**Notes

#### Obsidian

Obsidian is an excellent grounding, protective stone, shielding against negativity. It disperses unloving thoughts from within self or directed toward your physical form. In healings, it helps to see cause and the way to eliminate disease. Obsidian can reflect your flaws and shows a clear picture of changes necessary to eliminate them, but the answers can be blunt.

**≻**Notes

#### Obsidian, Golden Sheen

Golden Sheen Obsidian protects and purifies the auric field, and shields against negativity. It connects the core of self with your Higher Self, bringing a unity and an ability to "co-create". Golden Sheen Obsidian assists with worldly success, especially in line with true will.

# Obsidian, Mahogany

Mahogany Obsidian gives strength in times of need, relieves stress and tension, and eliminates energy blocks. It provides energy to fulfill your life work. This stone can remove negative psychic implants, pull out hidden memories of abuse, humiliation or shame, subsequently promoting healing. Mahogany Obsidian shields from psychic attacks from physical or astral planes.

> Notes

## Obsidian, Rainbow

Rainbow Obsidian is particularly powerful in meditation to dissolve shock, fear or barriers. It expands your consciousness, sharpens the senses and can help you delve deep into mysterious phenomena and experiences. Rainbow Obsidian helps to protect the very sensitive against depression. Use Rainbow Obsidian to help block negativity of any kind. As a black gemstone, it symbolizes self control and resilience. >Notes

## Obsidian, Snowflake

Snowflake Obsidian brings purity and balance to body, mind, spirit, and serenity in times of isolation. It helps recognize unnecessary patterns and creates new patterns that provide relief from unwanted conditions. Snowflake Obsidian helps you to remain grounded while being open to inspiration. 
> Notes

# Onyx

Onyx helps you to master your future, banish grief, and bring guidance. It enhances self control, brings inner strength, persistence, endurance, and aids memory. It is used to center and align with Higher Powers, becoming aware of the positive use of intuitive guidance..

> Notes

# Opal

Opal brings a gift of creativity, inspiration and imagination. It allows for the release of inhibitions, brings faithfulness and loyalty to all types of relationships (love, friends, and business). It helps you to remain unnoticed, when that's the desire. Opal awakens psychic and mystical qualities, strengthens memory, and brings happy dreams and positive changes. 
> Notes

# Opal, Andean

Andean Opal facilitates divination and brings protection, selection and attainment in spiritual journeying. It awakens psychic and mystical qualities. It is a stone that provides centering and grounding while activating heart chakra. It shows the right action and dispels re-action. Andean Opal releases inhibition, brings inspiration, and imagination. >Notes

# Opal, Green

Green Opal is a cleansing and rejuvenating stone, bringing energy and quick recovery from illness, exhaustion or mental angst. This stone improves the memory, eases pain and trauma from the past, helps you ease into deep states of meditation, and also relieves stress. It activates the heart chakra and the energy of family and health, prosperity, and abundance. Green Opal prepares your heart for new experiences, purifying and cleansing the heart, so these are especially powerful for anyone who has been hurt in love and needs faith to believe.

**≻**Notes

#### **Opal, Mount Shasta**

Mount Shasta Opal may be blue or white with black dendrite inclusions. All colors embody a lovely heart chakra energy, and are known to bring cohesion and steadfastness to marriages that need help. The bluer stones may aid communication, and this may be helpful to aid marital problems. Any color of opal that comes from the Mount Shasta energy vortex are excellent to use in spiritual work, including helping to create peaceful feelings during prayer or meditation. Mount Shasta Opal also has a calming energy that will aid stress and anxiety.

## **Opalite**

Opalite is a subtle, yet highly energetic stone, ideal for meditation. It improves communication on all levels, especially the spiritual. It removes energy blockages of the chakras and meridians. Opalite emotionally helps by assisting during transitions of all kinds. It engenders persistence and gives us strength in verbalizing our hidden feelings. This stone aids sexual prowess and enhances sexual experience. It stabilizes mood swings and helps in overcoming fatigue. It can also help us to be successful in business.

> Notes

## **Peridot**

Peridot helps you to understand changes that are necessary for personal growth and to recognize and overcome unhealthy patterns. It provides a protective shield around the body, preventing outside influences from affecting the bodies or chakras. Peridot can also helps you to recover lost items.

> Notes

#### **Petalite**

Petalite is a high vibration crystal and is often called the "Stone of the Angels". It facilitates your connection to angels, ascended masters, ancient civilizations, spirit guides and animal totems. It opens you to higher awareness of the cosmic consciousness and the understanding of knowingness. Petalite may be used to stimulate clairaudience, clairvoyance, clairsentience, and telepathic communication. It helps you to stay focused on the task at hand. The lithium content allows for the calming and balancing of emotions and energies, and may be helpful for those seeking stress relief and overcoming depression. It is a supportive crystal for those who have been through physical and/or emotional trauma. Petalite has been used in the treatment of AIDS, CFS, and cancer. It may also be helpful for tumor reduction and cellular renewal. It is used to increase the flexibility of the muscular and skeletal systems, is beneficial to the eyes, and cleanses the lungs and the intestines. It can help cellular regeneration, treat disorders of the lungs and small intestines, and aids high blood pressure.

**≻**Notes

#### **Petrified Wood**

Petrified Wood helps you to be grounded and stable, calm your nerves and ease your fears. It is an ideal stone for meditation because it will guide you in knowing what's important and what's not. This stone encourages you to stop obsessing about the things that you cannot control. It will be very beneficial for you to have when you're not sure how to cope with a certain difficult situation. It is a stone of transformation and it will support you in achieving your dreams and goals, especially when it comes to money and finances. It's also a stone of business success. It will bring you energies of good fortune and good luck. Having this stone in your life will also bolster your commitment to the person you love and give you the longevity to weather the storms. On the physical plane, it is also said to help with arthritis, osteoporosis, and Alzheimer's.



#### **Picasso Stone**

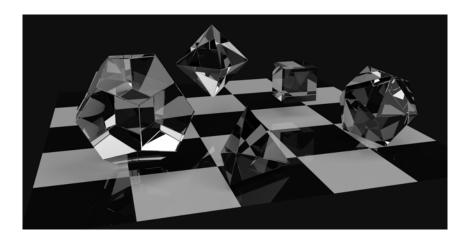
Picasso Stone is used in creative and artistic enterprises. It helps you to maintain, sustain, and persevere. It transforms intuition to intellectual thought. Picasso Stone helps to master the subconscious mind, annihilates disturbing thoughts, bringing peace, clarity, and strength.

> Notes

# **Platonic Solids**

Platonic Solids relates to the five elements: cube is earth, tetrahedron is fire, octahedron is air, icosahedron is water, and dodecahedron is aether (spirit). These shapes are the interface between the higher and lower realms and have the power to shape the material world. They represent the basic forms used by Divine intelligence to generate our reality. Platonic Solids lifts your consciousness to the higher levels where they were generated. Gateways for travelling to other dimensions, each shape opens a different interdimensional gate when held to the third eye chakra. Aligning the platonic solids in a linear pattern down the spine, when you are laying face down, creates a powerful balancing and activation of your Light Body energies.

**≻**Notes



#### **Prehnite**

Prehnite encourages communication with Spirit and Light Beings, encourages prophesy, dreaming, and remembering. It brings peace and assists you with spiritual disciplines. Prehnite protects during and strengthens contact with ET visitations.

**≻**Notes

#### **Pvrite**

Pyrite is a protective, shielding stone. It keeps away all forms of negative vibrations on the physical, etheric, and emotional levels. It allays physical danger and helps to see behind facades. Pyrite brings health and emotional balance.

**≻**Notes

## Pyrite and Magnetite (Healer's Gold)

Healer's Gold is a natural occurring combination of pyrite and magnetite. It activates the chakras and accelerates meridian flow and conductivity. It helps keep the energy level high while performing various healing modalities and enhances effectiveness of those modalities. Healer's Gold brings positivity, cheerfulness, confidence and good will. It creates a shielding, balancing and restorative field around your bodies. 
>Notes

# Pyrite, Concretized (Balancing Stones)

Concretized Pyrite is Pyrite with Palladium and other minerals. Matched pairs include smooth/female and rough/male — they align finer bodies, balances the chakras, and eliminates energy blocks. Concretized Pyrite moves energy from the etheric into the physical body. It fills leaks, cleanses and energizes the auric field, and balances acupressure and acupuncture meridians. It also brings grounding and centeredness. 
> Notes

## Quartz, Clear

Clear Quartz is the most evolved energy of mineral kingdom. This crystal amplifies, focuses, stores, collects, projects, transfers, and transforms energy. It amplifies body energy and thoughts; enabling thought to more clearly influence matter. It is used to communicate with minerals, plants, animals, non-physical intelligent forces and other worldly Masters, Teachers, and Healers. Clear Quartz creates altered states of consciousness and stimulates and amplifies all psychic abilities. This crystal clears and activates energy centers of body, purifies bodies, and heals negativity. It enhances and protects the aura while amplifying the energy field of body. It has been used extensively in spiritual development, meditation, and healing. Clear Quartz renders negative energy impotent, dissolves enchantments and spells, destroys all black magic and energy not "of the Light".

# **Quartz, Angel Phantom (Amphibole)**

Angel Phantom Quartz is said to be excellent for attracting and working with angels. A bringer of intense love, beauty and joy, it It will enable you to see your best inner strengths and increase your self-empowerment. It has an extremely gentle and calming energy, said to be a stone of emotional clarity and balance, par-



ticularly as it's reputed to shield you from verbal abuse. Angel Quartz is a wonderful aid to meditation. >Notes

## Quartz, Black Knight Aura

Black Knight Aura Quartz promotes self-esteem, self-knowledge and stimulates creativity. Great at transforming negative energy into positive, it removes fear, bringing emotional peace and happiness. It is often used for astral projection, dreamwork, shamanic journeying, and rebirthing, and is wonderful for working with the energies of the Dark Goddess.

> Notes

#### Quartz, Candle

Candle Quartz is actually a soft "elestiation", having qualities of an elestial. It enhances spiritual development and communication with luminaries of other worlds. It helps with understanding the lessons to be learned in this life. Candle Quartz helps you to tune into physical, emotional and mental bodies and to be aware of their state of health, helping you to be in control of the self-destructive issues that are harming those bodies and how to stop those negative self-fulfilling prophecies. It is tranquilizing, helping to dissipate the tedious and oppressive from your character and environment. This crystal acts to "dispel the shadowy" and "acclaim the interior illumination". It brings grace, prudence and sensitivity, and enhances confidence and benevolence. On the physical plane it is said to assist in conversion of carbohydrates into energy, regulate insulin levels, is helpful in absorption of nutrients, blood flow to muscles, treatment of headaches, and heals physical damages to body.

> Notes

## **Quartz, Champagne Aura (Smoky Aura Quartz)**

Champagne Quartz is Clear Quartz bonded with Gold and Indium, or with Gold and Iron/Iron Oxide. It protects against negative spirit entities, and is an excellent crystal to hold when helping someone who has been frightened by dabbling in dark magic. It is a high vibrational crystal of transmutation and spiritual harmony, helping you to ground energetic and psychological changes into the body and to put your spiritual ideals into practice. It is an excellent talisman for those new to spiritual work or healing to trust their own instincts and gifts, and to connect with their personal healing guides and angels. This crystal assists the organs of the body to find balance and is believed to be especially beneficial to the thyroid and endocrine system and hormonal balance. It is also thought to reawaken the body's immune system to fight off super-viruses and complex conditions where causes of the body attacking itself are not clear.

## Quartz, Elestial

Elestial Quartz helps to disengage unhealthy emotional bonds and overcome emotional burdens. It brings awareness of the immortality of the spiritual self and viewing life from that perspective. Elestials bring the ability to discover information about your past, present and future lives. It helps to connect your physical intellect with your Higher Self and the wisdom of the Universe. This crystal helps to eliminate confused thoughts and stabilize brain waves, bringing an expanded mental state. It helps you to maintain a dispassionate, impartial and composed attitude. Elestials activate the Third Eye center, enhancing clair-voyance, clairaudience, and clairsentience. It helps you to understand karmic issues and the easiest way to resolve them, even to the point of eliminating the need to repeat harsh lessons. It can be used to revitalize brain tissue suffering from abuse.



**≻**Notes

#### Quartz, Faden

Faden Quartz promotes and protects in astral travel. It stimulates the opening of chakras, integrates and activates all chakras, cleanses the aura, and repairs energy fields. It is useful for sealing the aura and chakras from leaks, tears, cords and revitalizing them. It removes unhealthy emotional attachments and gives stability while working on deeper healing issues. Faden Quartz is useful for healing physical and energy bodies, bringing realignment and a return to a perfect energy blueprint for all bodies. This crystal helps to connect with higher vibrational beings, to tune into Earth changes and shifts, and brings protection through such times. On the physical plane, it protects during air travel.

>Notes

# **Quartz, Girasol (also called Girasol Opal)**

Girasol Quartz can help you feel calm, relaxed, hopeful, and optimistic. It amplifies your ability to be creative, thoughtful and focused in your life. This stone brings a sense of balance to the emotions that can increase control over impulsive behavior. This ability to be in control of your feelings empowers you to clearly think things through and just say no to hasty choices we sometimes regret later. Girasol Quartz promotes clear communication, encourages you to express your true feelings in a manner that is accepted by others, provides courage to communicate and enhances the ability to correctly choose those who would be open to such honest interactions. It enhances channeling abilities, promotes lucid dreaming, and enhances healing on all levels.

**≻**Notes

## Quartz, Golden Healer

Golden Healer Quartz will connect all your chakras and cleanse the whole chakra system. It will open your consciousness to receive information and guidance from the higher dimensions to achieve your highest good. Golden Healer Quartz will activate healing on a physical, emotional, mental, and spiritual level. It will help you access the highest vibrations so that you can raise the frequencies in your body and release blockages and unwanted energies. This crystal can also be used to enhance your physical vitality and energy. It is known to be one of the most beneficial crystals when you want to get rid of unhealthy habits and self-defeating attitudes. This makes it a great companion crystal when you want to achieve your financial goals and bring in more luck, abundance, and prosperity.

#### Quartz, Hematoid

Hematoid Quartz contains both the amplification properties of Quartz and the balance and stability of Hematite. It is a highly energetic piece that can assist not only in removing negativity but also transforming and transmuting this energy into a positive and pure Universal Light of Love. This combination balances the body, mind, and spirit. It is said to assist when self worth and self esteem are lacking. Hematoid Quartz enhances focus and concentration and would be especially helpful for those with ADD and ADHD. This stone is used for grounding and balance when feeling scattered, and can also be used to calm anxieties, panic and/or hysteria. It can be used in the treatment of blood disorders, to balance the chakras, stimulate healing, and to cleanse toxins.

## Quartz, Herkimer "Diamonds"

Herkimer Diamonds are the high energy seekers of the crystal world. Unusually transparent with a brilliant sparkle, they manifest pure, solid Light and are powerful amplifiers of spiritual energy. As perfect conduits of the universal Life Force, they are exceptional healing crystals, and are used in meditations, dream and vision work, and advanced spiritualization applications.

**≻**Notes

# **Quartz, Laser Crystals**

Laser Quartz Crystals are rugged crystals terminating in a very small point and are from Lemurian sources. Light is moved through them with laser like intensity. Have the client's permission and cooperation when using them. This is similar to surgery, assisting healing with other stones after treatment. Can also be used to establish an impenetrable protective barrier around self, others, objects, and residence. >Notes

## **Quartz, Lemurian Seed Crystals**

Lemurian Seed crystals attain balancing, nurturing, loving, spiritual, and sensual consciousness. They enhance emotional and spiritual healing of heart. They are coded and programmed with Lemurian consciousness vibrations. These crystals enhance meditation and help to contact guides. They clear and seal auric cords and leaks.

**≻**Notes

## Quartz, Lithium

Lithium Quartz brings peace and calm, healing, balancing, and opening up of the heart center. They destress and assists you to surrender to natural flow. Lithium Quartz calms the mind, is useful for entering meditative states, and brings relaxing sleep.

**≻**Notes

## Quartz, Platinum (Angel Aura)

Platinum Quartz elevates the spirit, bringing peace, tranquility, and harmony. It helps us to connect with highly evolved spiritual beings and the ability to channel them, also brings awareness of past lives and the soul goals of the current incarnation. Platinum Quartz aligns, purifies and activates the entire light body anatomy, providing a conscious connection with the Soul Self.

**≻**Notes

#### **Quartz**, Rainbow Aura

Rainbow Aura Quartz is clear Quartz bonded with Gold and Titanium, producing vivid, multi-colored metallic crystals. It activates all the energy centers in the body, clearing a path for the Life Force to manifest throughout the subtle bodies, bringing in a vibrant energy and zest for life. It is particularly supportive for those in dysfunctional relationships, by letting you see what lies ahead and helping to release negative emotions such as resentment or grief. Rainbow Aura Quartz brings deep insights into your relationships at all levels, and aids letting go of karmic ties that may be hindering relationships in the current life. This crystal is a master healer for any condition, and is highly beneficial in multidimensional cellular memory healing. It is an efficient

receptor for programming and bringing the body into

balance. ➤ Notes

## Quartz, Rose

Rose Quartz brings peace and calm to relationships. It removes negativity, bringing in positive self love. This crystal is also excellent for healing emotional wounds. Rose Quartz is THE stone of love, of self, of others, of All That Is. It promotes receptivity to art, music, and the written word.



## Quartz, Ruby Aura

Ruby Aura Quartz is infused with silver, gold, and platinum. It is a stone of passion and vitality. It is also very protective, especially so in times of upheaval and turmoil, and against aggression and violence. Ruby Aura Quartz is helpful for overcoming survival issues of all kinds and cleansing the base or root chakra. Physically, in crystal healing and traditional folklore, Ruby Aura Quartz is used in healing the back, feet, hips spine, and legs.

**≻**Notes

## Quartz, Rutilated

Rutilated Quartz intensifies the power of the Quartz crystal. It affects both etheric and astral bodies. This crystal helps to get to the root of and remedy problems, situations, and illness. Rutilated Quartz helps us gain insights during astral travel. It has been used as an antidepressant, by ridding hidden fears. It can help with sexual problems caused by severe tension. > Notes

# **Quartz, Singing Crystals:**

Singing Crystals produce bell-like sounds when gently tumbled together. They assist with communication from other beings in other realms and opens communication with celestial beings. These crystals open and release energy blockages, align energies of body, stimulate clairaudience, and smooth the aura. >Notes



# **Quartz, Smokey**

Smokey Quartz penetrates and dissolves negative thoughtforms, anger, and resentment. It is an excellent grounding stone. This crystal provides protection and discrimination when contacting other worlds, and clarity of thought/focus in meditation.

**≻**Notes

# **Quartz, Strawberry**

Strawberry Quartz stimulates the energy center of the heart, filling one with the energy of love. It balances, connects and stimulates the bodies. It aids in seeing the "Cause" behind events. This crystal is used to heal totally, to connect to the Source of All (Love), and helps us to enjoy each moment. >Notes

## Quartz, Sulphur

Sulfur is one of the elements of life. Sulphur Quartz is used in metaphysics to purify and detoxify environments, thoughts, and even the energy fields of people. It can be helpful for purification before magic rituals as well. Sulphur Quartz is used also to prevent or destroy hexes and free you from an enemy's power. It is excellent for anger management, bringing in the "highest good" in situations. Known as one of the "three principles" of alchemy, it is also a stone for transformation and change. This Metaphysical mineral is negatively electrified allowing for the removal of negative emotions and thoughts. It attracts non-caustic attitudes during mental exercises, produces grounded reasoning, and aids in spiritual growth. It has been used in ceremonial healings, prayer, and gridding, bringing together the four directions, releasing darkness and corruption from the Earth. It is a great healing and metaphysical crystal for Reiki Practitioners, and in the Healers toolbox. Physically, it is used in the treatment of infections, painful joints and swelling. >Notes

# **Quartz, Sunset Aura**

Sunset Aura Quartz is infused with Titanium and Silicon. It contains such power, strength and supportive energies that it motivates us to move onward. It brings strength to the Sacral and Solar Plexus chakras, raising the energy from those centers up to open the heart and eventually to connect to the crown, bringing a rush of inspiration, creativity, passion and intuitive connection. It is excellent for building self-confidence, self-esteem and for manifesting our dreams. It aids our dealing with self-sabotage and supports us in learning Self Love. On a physical level, this crystal is said to aid the stomach, digestion, IBS, and disease of the reproductive system.

## Quartz, Tangerine

Tangerine Quartz is an excellent crystal to use when working with issues of the inner self. It should be your go-to crystal when you want to gain more understanding, growth, or acceptance. It will help you evaluate and tackle your inner issues without judgment or criticism. Tangerine Quartz will encourage forgiveness, and it will give you the courage to release past issues and traumas that no longer serve your purpose. It will get rid of anything that prevents you from going forward.

> Notes

# Quartz, Tanzine Aura

Tanzine Aura Quartz is infused with Gold and Indium. It is said to help develop latent psychic abilities and to aid communication with the spirit realm. It is also believed to increase clarity of thought, perception, intuition, and inspiration. Carrying this stone can significantly raise your vibrations and protect you against negativity. In healing, it is believed to have a powerful regulatory effect on the body's hormones and metabolism and to help overcome the effects of thyroid and mineral deficiencies.

> Notes

## Quartz, Tibetan

Tibetan Quartz is infused with Manganese, and many are double-terminated. It is found in the Himalayas of Tibet, one of the most sacred areas of the world. Their energy is even more enhanced by the thousands of years of spiritual practices done there. These are some of the most powerful stones of spiritual protection ever found. When carried, it creates a bubble of light around you allowing only positive vibrations to enter the auric field. Sleeping with or near one protects from lower astral energies and can eliminate disturbing dreams. Kept in a living space, it can keep the area purified and cleansed of any negative influences. Placed on top of a television or computer screen, it can help to counteract disharmonies that these might create. These crystals also emanate energies that can activate and balance the chakras and meridian systems. Touching the blocked or sluggish points with the crystal can

quickly alleviate the problem. Aligning double-terminated crystals vertically over the chakras cleanses, opens, and strengthens the subtle energy body systems. Gridding a space with Tibetan Quartz enhances subtle energies. Rituals done with them are amplified in power and pure in their positive effects.

**≻**Notes

## Quartz, Titanium (Flame)

Titanium Quartz brings strength on all levels, mental clarity, and physical vitality. It energizes and balances all chakras harmoniously. Titanium Quartz brings confident, focused energy to material concerns, light-heartedness, humor, and protects from the negative.

> Notes

#### **Quartz, Tourmalinated**

Tourmalinated Quartz encourages others to be cooperative. It repairs the aura and provides a light bubble around you to protect from negativity while enhancing awareness. This crystal eliminates persistent and destructive patterns.

**>**Notes



#### **Quartz Formations**

In addition to the general attributes listed, these clear quartz formations have these unique qualities:



## Channeling Crystals

are Quartz Crystals with a seven-sided face on the front and triangle face in back. They help us to access our ability to channel information and communications from our higher selves and higher light forces and/or entities. Always ask to be a clear open channel for the highest good and progress of all.

## **Devic Crystals**

are Quartz Crystals filled with fractures, inclusions, and/or fairy frost. They assist us to be more aware of the wonder, awe and beauty of nature. They bring us to greater awareness of and communication with deva kingdoms. **≻**Notes

## **Double Terminated Crystals**

are Quartz Crystals with a termination at each end. Energy flows through both directions at once, therefore keeps us at balance and at ease between worlds, ideas, and aspects. For example:

- conscious/subconscious
   conscious/super-conscious
- heart/mind

- awake/dreaming
- mundane world/alternate realities
- intuitive/logical

They promote our psychic development and ability to clearly recall altered experiences (i.e. from the spirit world, dream world, etc.) They bring balance between the body, mind, and spirit. Double Terminated Crystals are effective in getting rid of blocked negative energy held in areas of the body or aura. They can be used to enhance telepathic communication.

**>**Notes

## **Phantom Crystals**

are Quartz Crystals with a Crystal, or the shadowy form of a Crystal within another Crystal. They are very helpful for connection with our past and future lives. They are also good for the advancement of our inner growth and connection with our higher, or spirit, and self. Phantom Crystals are a reminder of the life within and beyond the surface life, as well as the continuity of life.

**>**Notes



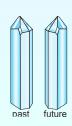
## **Record Keepers**

are Quartz Crystals that have etched triangle(s) on their face(s). They provide access to ancient knowledge and the Akashic Records. They can assist in discovering past lives or a connection with ancestors.

**≻**Notes

#### Time Link Crystals

are Quartz Crystals similar to a window, except that instead of a diamond, a parallelogram is present. They enable an individual to "bridge" or connect with lives in other times and places, and to bring back information, insights, and lessons from those lives that will help in this present life. If the parallelogram is on the right side of crystal when facing you, it bridges the to future, if on the left side, it bridges to the past.



**≻**Notes



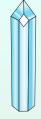
#### **Transmitter Crystals**

are Quartz Crystals with two, seven-sided faces on either side of a triangular face. They help us to integrate our spiritual path into our everyday life, infusing our everyday activities with Spiritual Light and Love. They assist and empowers us to be conductors of Higher Vibrational frequencies, transmitting them out towards the world.

**≻**Notes

#### Window Crystals

are Quartz Crystals that have an extra diamond-shaped facet. They assist us to see into spirit worlds — the realms of angels and spirit guardians. Windows help us to look with our own souls and spirits to that of the eternal self, and opens communication with that eternal self to assist us in getting a true perspective, as well as direction, guidance, and comfort for our lives.



#### Rhodochrosite

Rhodochrosite is a stone of love and balance. It balances the mind and emotions, stimulates body energy, brings health, and strengthens character. It is good for Consciousness expansion. Rhodochrosite energizes physically, mentally, and on the astral plane.

> Notes

#### **Rhodonite**

Rhodonite stimulates, clears, and activates the heart chakra. It enables you to attune to the spirituality of the Universe while remaining balanced on Earth. Rhodonite brings calm assurance in all activities and helps you to achieve their greatest potential. It keeps you coherent and focused during chaotic encounters. > Notes

## **Rhyolite**

Rhyolite is considered a stone of resolution and is best known for its balancing effects and assistance in making determinations. It can assist in fulfilling your goals and making your dreams come true. This stone is good for working with issues of emotional strength, self-esteem, and anxiety. By creating tranquil energies, it assists in eliminating anxieties and worries. When looking at the stone you may feel a freshness of change, being able to visualize the variety and progress in life, thus casting off the old and moving forward with a new brightness and joy in the heart. Rhyolite may be used for anyone looking to do any astral traveling, strengthening your psychic powers, and making connections for channeling stronger and easier to maintain. It has exceptional strength in channeling totem animals and elemental wisdom.

> Notes

## Ruby:

Rubies are "pieces of Lord Krishna's spear to vanquish the Lord of Destruction from the Earth". It releases blockages from a spiritual path, stops energy leakage from chakras, promotes dreams, and connects you with their Spiritual Guides. Ruby can increase vitality, enhance motivation, stimulate tantric energy, promote the rising of the Kundalini, and enhance feelings of passion. It aids in opening the heart chakra, and creates feelings of divine love.

**≻**Notes

## Ruby/Fuchsite

Ruby with Fuchsite is good for healing the mind, body, and spirit, for energetic balance, to manifest abundance, and to encourage compassion.

**≻**Notes

## Ruby/Kyanite

Ruby with Kyanite is used to cool anger and to balance the upper chakras with the lower chakras. > Notes

#### **Sapphire**

Sapphire is a stone of wisdom, a royal stone of learning, mental acuity, psychic activation, and a seeker after spiritual truth. Its pure blue ray brings order and healing to the mind, lending strength and focus, an ability to see beneath surface appearances to underlying truths, and to utilize that knowledge. It stimulates the throat and third eye chakras, allowing you to access deeper levels of consciousness in order to gain a fuller understanding of self. Associated with the planet Saturn, Blue Sapphire embraces order, structure, and self-discipline, and is ideal for accomplishing goals and manifesting ideas into form. Sapphire's power to transmute negative thoughts and energy also makes it highly effective for earth and chakra healing.



## Sardonyx

Sardonyx is used to guard from evil and bring good fortune. It is believed to bring eloquence upon the wearer and is helpful to public speakers and orators. It is lucky for legal matters and for obtaining justice, especially over money or property. Sardonyx provides you the stabilization and strength required to have the endurance, energy and fortitude to create good fortune. With this grounding stone you will be able to translate your energies into tangible results. This is a good stone for builders, athletes, physical therapists, chiropractors, and massage therapists. Keep it nearby to increase business success in these occupations. >Notes

#### **Scolecite**

Scolecite helps to communicate with other worlds, including spiritual planes, ET's, and ancient civilizations. It helps you to create and control your life and awakens the higher mind. Scolecite is helpful in dream and meditation work, and brings peace. It is useful in meditation with Star People.

> Notes

## Selenite

Selenite activates spiritual connection and conscious communication with Beings of Light (guides, teachers, angels) as well as your Higher Self. It rapidly cleanses and clears the auric field, the emotional, etheric and physical bodies, and the chakras. Selenite clears your space from any kind of negativity.

The wands are especially good to cut out and remove negative entities from your space.

**≻**Notes

# **Septarian Nodule**

Septarian Nodules aid in communication with others as well as with Middle Earth. It is good for overall health and assists with rapid healing. This stone can banish nightmares, get rid of negative energy, and block psychic attacks.

# **Seraphinite**

Seraphinite promotes spiritual enlightenment and self healing. It activates and harmonizes the energy of the Shushuma (spinal cord) with the finer bodies. It also aids in communication with angelic realms (Seraphim). Seraphinite helps you to "live from the heart" and brings awareness of the Divine Feminine.

**≻**Notes

# Serpentine

Serpentine protects and shields you while working with Kundalini, providing a clear pathway for the uninterrupted work of opening the Kundalini and allowing it to rise. It clears clouded areas of chakras in preparation for Kundalini movement, and assists in a safe and balanced awakening of these energies.

> Notes

#### **Shattuckite**

Shattuckite is a strong psychic communication stone that will also facilitate a stronger connection with your personal guides and teachers, and your loved ones who have passed over. It will assist with the development of psychic visions, intuition, mediumship, channeling, psychic knowing, and automatic writing. It allows you to communicate better with the spirit world, as it heightens the vibration of your connection. The vibration of this stone within the heart chakra aids you to live your life from the heart, speaking the truth from your heart, and aids in the healing of relationships. This crystal has a strong ability to aid you to experience clear psychic visions. If you wish to work as a medium, it will expand your ability to communicate with Spirit, and helps to better communicate back to your clients what you have heard.

>Notes

## **Shivalingam**

Shivalingam is made of crypto-crystalline quartz with impurities, giving it color and patterns. The Lingam is symbolic of the Divine Creative Manifestation. The shape is representative of the power of Shiva, the Lord of Creation, the masculine creative energy. The markings, also known as the yoni, symbolize the feminine energy, the seed which is fertilized to manifest the creative power in the dance of the cosmos. It symbolizes the union of male and female and the Cosmic Egg from which All arose. It is excellent for sexual or reproductive imbalances. The Hindu Goddess Parvati fashioned first one from sand and worshipped Shiva with it. Parvati is the female power of the Universe and Shiva is the consciousness. The Lingam also represents the harmony or balance of the soul that is maintained within the hearts of all of us, the Light that shines from within. This stone activates the Kundalini and charges all chakras. It brings in vitality and prana, and promotes spiritual transformation and rebirth. Shivalingam brings healing on all levels, and strengthens and balances the entire body. It energizes meridians and the electromagnetic field of the body. The Lingam enhances enlightenment and Oneness with All. **≻**Notes

## **Shungite**

Shungite has the ability to absorb substances from the environment, and has radio shield properties and electroconductivity. It has anti-inflammatory and antihistaminic effects. It has the ability to absorb oxygen and actively interact with it at the room temperature in water and in the air. As a sorbent, it can purify air and water from many organic and inorganic compounds.

**≻**Notes

## Silica, Gem

Gem Silica increases energy of the light body, bringing healing to the physical and emotional self. It also elevates the energy of the emotional and mental self. It releases what is not light and reprograms it into the ideal.

**≻**Notes

#### **Silicon**

Silicon is said to bring energies of enhanced communication, grace under pressure, and agility of thought. It can also be used to sharpen your focus and increase your mental activity. It helps you decipher the truth from the lies, helps you figure out the facts from a barrage of conflicting information, and encourages discernment and intuition. Its energies also promote and enhance positive energies for all kinds of situations. Silicon will energetically purify your body, mind, and spirit.

**≻**Notes

#### Silver

Silver is a metal of the moon, it enhances intuitive abilities and protection during astral travel. It strengthens the silver cord that connects the physical and astral bodies. Silver promotes psychic dreams, protects, and deflects negativity. It absorbs and enhances the energetics of gemstones set in it.

> Notes

#### **Sodalite**

Sodalite eliminates confusion, promotes self- esteem, self-trust, and trust in others. It brings truthfulness in emotions. Sodalite facilitates access to sacred laws of Universe. It is an excellent stone for use in groups — bringing fellowship, solidarity and commonality of goal and purpose.

> Notes

## **Star Diopside**

Star Diopside stimulates intellect and enhances academic learning, especially math and analytical endeavors. It brings understanding of duality within the self, aiding in reconnecting with the feminine side of nature. It has been used to calm pets.

#### Steel

Steel is a metal of Mars, projecting energy outward. It blocks and protects against negativity, nightmares, and mischievous fairies. Steel is a healing metal, in that it strengthens you.

#### **Stibnite**

Stibnite protects from entities and negative energetics, keeps away the intrusive, and discourages tenacious, needy relationships. It gives the strength to end unwholesome relationships, assists in attracting that which is desired, and provides an impenetrable barrier around the body. Stibnite connects you with the animal kingdom on the physical and finer planes, and is a totem stone for the wolf. > Notes



#### **Stilbite**

Stilbite has a vibration that reminds you of Universal Love and connection. Just holding a piece reminds you that you are loved and cared for regardless of your circumstances. It raises your consciousness of Universal Love. Use it on the Third Eye for help with intuition and psychic ability. Stilbite is helpful in learning acceptance and letting go, which is in turn can aid in manifestation work. It facilitates clarity of thought, even in the most confusing circumstances.

#### **Strombolite**

Strombolite helps to unite groups (family, friends, coworkers) and establish a loving, understanding basis for their interactions. It enhances telepathic communication with the Celestial Realms while also grounding you. This stone assists to move energy from a healer (or other stones) to the receiver. Strombolite brings insight and information on steps to be taken to bring peace and happiness.

> Notes

## **Sugilite**

Sugilite eliminates negative attributes of hostility, abrasiveness, anger, jealousy, and prejudice. It awakens the Crown Chakra to the energy of the Violet Ray of purification — effectively clearing auric field of negative entities and implants. Sugilite amplifies our Light Body, infusing it with strong protective qualities to help keep your field clear of lower vibrations.

> Notes

#### Sunstone

Sunstone brings luck in games and gambling. It offers protection from the destructive forces of other realms. This stone clears, brightens, energizes chakras, alleviates stress, increases vitality, and rids fearfulness. It encourages independence by gently disconnecting emotional cords from others. > Notes

## Super 7

Super 7 brings peace, harmony, and love. It brings a connection to higher realms of Light and teachers from those planes. It enhances telepathy, auric sight, clairvoyance, clairaudience, conscious channeling, and telekinesis. Super 7 brings an alignment with Universal Laws and has unlimited energy; it never needs cleansing or charging, and will not hold a negative charge.

> Notes

#### Super 7, Red Dot or "Red Eye"

Super 7 Red Dot is the same as Super 7, but with additional clarity and protection. It guards and creates a constant sacred space around wearer. It heals holes or leaks in auric field, strengthening it while serving to amplify your "Gifts from Spirit".

#### **Tektite**

Tektite helps you to see their life situations as the lessons they truly are, and then to move beyond them. It helps us to learn our life lessons in Earth school and "go with the flow" using what we have learned for maximum progress. This stone balances your energy body and brings and influx of power on many levels, strengthens your energy field, assists you to access information and insight on all matters of your life — from the mundane to the spiritual. Tektite helps to promote occasions of "coincidence" where information or energy is exchanged in a mutually beneficial manner. It balances your masculine and feminine qualities and strengthens your energy field. It is said to dispel transmitted diseases.

> Notes

## Tektite, Libyan Gold

Libyan Gold Tektite, aka Libyan Desert Glass, is found in the Sahara desert of Libya and Egypt. Of unknown origin, a large carved scarab of it was the centerpiece in the funerary necklace of King Tutankhamen. It confers access to the Akashic records, especially those of Ancient Egypt and their Gods and Goddesses. It aids in communication of extraterrestrial entities, especially those from the Sirius star system. Libyan Gold Tektite brings confidence, mental acuity, psychic protection, and aids in the manifestation of your goals. Great transformation, in line with your personal Higher Will, is amplified with this stone. It vitalizes the emotional body and strengthens the solar plexus and energy field, bringing power and protection.

**≻**Notes

# Tiger Eye, Gold

Gold Tiger Eye brings clarity of thought and union of scattered details, protection, and grounding. It stimulates and maintains wealth, helping you to persevere and succeed.



# Tiger Eye, Blue

Blue Tiger Eye enhances psychic abilities, brings calmness, optimism, and grounding. It resolves inner conflicts and mental battles.

> Notes

# Tiger Eye, Red

Red Tiger Eye is a stimulating stone and can support motivation and a more active sex drive. Use with the Root Chakra to ground sexual ideas into the physical world, or to resolve sexual issues that are causing problems in a relationship. It aids in enhancing confidence and self-esteem. It provides motivation to the non-motivated and energizes those who are feeling lethargic. Carry Red Tiger Eye in your pocket when you want to add vitality and passion to any project you're working on. It can enhance balance within your energy field, and allows you to open up to unconditional love.

> Notes

## **Tiger Iron**

Tiger Iron combines the energy of Gold Tiger Eye, Jasper and Hematite. It is energizing, yet grounding. This stone provides safety in times of danger, and increases physical vitality and healing. Tiger Iron empowers by bringing courage, focused will, and effective action.

> Notes

#### **Topaz**

Topaz is a stone of true love and success in all endeavors, bringing wealth and health. *≻Notes* 

#### Topaz, Gold

Gold Topaz brings abundance in line with the Higher Will. *>Notes* 

## Topaz, Blue

Blue Topaz brings clarity of mind and verbalization, and magnifies psychic abilities. >Notes

## **Topaz, Mystic**

Mystic Topaz is a clear, faceted topaz that has had titanium bonded to it, adding its qualities of mental clarity, strength and physical energy. Mystic Topaz aligns us with Divine Will and assists us in manifesting our True Will into our physical reality, magnifying our applied energetics. Our visions become our realities. We become co-creators with Divinity. This stone brings energy, vibrancy and light to our entire chakra column and assists us to anchor the Light of Divinity into every aspect of our lives, especially applying to the corresponding rainbow colors dancing in the facets.

> Notes

#### **Tourmaline**

Tourmaline clears, maintains, balances, and stimulates energy centers. It also balances the mind, energy centers, aura, and chakras. This stone provides inspiration, confidence, and diminishes fears. Tourmaline provides protection and brings healing.

**≻**Notes

## Tourmaline, Blue

Blue Tourmaline increases communication and psychic awareness. It helps in receiving true impressions and to live in harmony with your environment.

**➢**Notes

## Tourmaline, Green

Green Tourmaline stimulates success, prosperity, and weight loss. It transforms negative energy to positive energy. It assists with visualizations and visions. Green Tourmaline aids in the study and practice of herbalism.

**≻**Notes

## **Tourmaline, Pink**

Pink Tourmaline provides understanding and the trust in the power of love. It can bring joy and peace during growth and change. Pink Tourmaline releases destructive tendencies and could reduce falls. > Notes

## Tourmaline, Black

Black Tourmaline protects from negativity, victimization, and against those "not of the Light" from the spirit world or physical plane. It protects our energy fields from draining etheric cords. Black Tourmaline is a very grounding stone.

> Notes



## **Turquoise**

Turquoise strengthens and aligns all chakras, meridians and subtle bodies. It gives strength and protection during vision quest and astral travel, helping to keep one grounded during spiritual work. It aids in the development of one's natural psychic powers. Turquoise facilitates direct, clear communication. It stimulates initiation of romantic love and spontaneity in love relationships. This stone dispels negativity, purifies, and is a master healer. It can protect against accidents.

> Notes



#### Unakite

Unakite releases conditions that inhibit one's growth. It keeps one's energy clear, even when around negativity. Unakite dissipates unconscious action and helps to focus. It can facilitate the rebirthing process.

**≻**Notes

#### **Uvavorite**

Uvarovite promotes individuality, independence, and optimism. It stimulates the Heart Chakra and enhances spiritual relationships. Uvarovite is a calm and peaceful stone, helpful in experiencing solitude without loneliness. Spiritually, it helps us recognize the universal and endless nature of the soul, and heals the feeling of lack and insufficiency in all aspects.

**≻**Notes

#### **Variscite**

Variscite draws money to the wearer, balancing finances. It brings one into a calm and peaceful existence. It brings love, with reasoning, to all situations. Variscite gives courage and strength when dealing with invalids. > Notes

#### Vesuvianite:

Vesuvianite encourages enthusiasm for life and imparts the courage to change. It releases negative attachments, helps one find a true path in life, and refurbishes courage by releasing hidden fears. This stone aligns truth with daily life.

**≻**Notes

## **Zoisite with Ruby**

Zoisite with Ruby stimulates and amplifies all psychic abilities and communicating with spirits. This stone amplifies the body's entire energy field and is used in diagnostic healing. It helps to reach and utilize talents and abilities of the mind, and can create altered states of consciousness.

**≻**Notes



Be in a space of "gratitude" when receiving your stones and the information that comes from them. And while this is only a small portion of what planet Earth contains, new stones are "discovered" all of the time — thus, this list is far from complete. Be sure to sign up to follow us at www.pathwaysstl.com so you'll know when we update this pdf. Thank You.