
The Spell-Woven Path... of Daily Magick
PATHWAYS

December

A month dedicated to Restoring Your Light and Renewing Your Path.

WEEK 1

December 1 — *Month-Beginning Clarity*

Candle: White
Herbs: Peppermint, rosemary
Stone: Clear Quartz
Oil: Sage or Rosemary
Spell:
Place the candle on your altar. Hold the stone and visualize the month's intentions. Light the candle.
Incantation:
"December begins with clarity bright,
Focus and purpose guide my light."

WEEK 1

December 2 — *Gratitude & Abundance*

Candle: Gold
Herbs: Basil, cinnamon, alfalfa
Stone: Citrine
Oil: Orange
Spell:
Place coins, grains, or fruit around the candle. Visualize blessings and abundance entering your life.
Incantation:
"Gratitude flows, abundance shines,
Blessings manifest in perfect time."

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WEEK 1

December 3 — *Emotional Release*

Candle: Silver or light blue
Herbs: Lavender, chamomile
Stone: Moonstone
Oil: Ylang Ylang
Spell:
Write down an emotion to release. Hold the stone over your heart, burn the paper safely, and visualize the energy leaving.
Incantation:
"Old emotions lift and fly,
Peace and calm fill heart and mind."

WEEK 1

December 4 — *Protection & Shielding*

Candle: Black
Herbs: Sage, rosemary, bay leaf
Stone: Obsidian
Oil: Frankincense or Myrrh
Spell:
Circle the candle with salt. Visualize a protective shield forming around your body and home. Anoint the candle base to tip.
Incantation:
"Protection strong, energy bright,
Keep me safe by day and night."

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WEEK 1

December 5 — *Prosperity & Financial Flow*

Candle: Green or gold
Herbs: Basil, cinnamon, alfalfa
Stone: Pyrite or Aventurine
Oil: Patchouli or Bergamot
Spell:
Write a financial intention on a bay leaf, place it beneath the candle. Visualize wealth flowing to you as you circle the candle clockwise three times.
Incantation:
"Abundance comes, wealth grows near,
Opportunities appear clear."

WEEK 2

December 6 — *Ancestral Connection*

Candle: Purple or violet
Herbs: Mugwort, lavender
Stone: Amethyst
Oil: Clary Sage
Spell:
Light the candle and hold the stone. Call to your ancestors or guides. Visualize a violet light connecting your heart to theirs, receiving guidance and wisdom.
Incantation:
"Ancestors near, wisdom flows,
Guidance and love my spirit knows."

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WEEK 2

December 7 — *Creativity & Inspiration*

Candle: Orange
Herbs: Calendula, marigold
Stone: Carnelian
Oil: Sweet Orange
Spell:
Visualize creative ideas flowing from the candle flame into your mind. Allow inspiration to appear as images, words, or sensations.
Incantation:
"Creative fire, rise and shine,
Inspiration flows, ideas align."

WEEK 2

December 8 — *Courage & Boldness*

Candle: Red
Herbs: Ginger, rosemary
Stone: Tiger's Eye or Carnelian
Oil: Clove or Cinnamon
Spell:
Hold the stone over your solar plexus. Imagine a bright red flame igniting within, filling you with confidence and bravery.
Incantation:
"Courage ignites, fear departs,
Confidence fills my mind and heart."

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WEEK 2

December 9 — *Emotional Healing*

Candle: Light blue
Herbs: Chamomile, lavender, willow bark
Stone: Aquamarine
Oil: Jasmine
Spell:
Visualize a gentle blue river flowing through your chest, washing away old wounds, grief, and emotional burdens.
Incantation:
"Healing waters cleanse and renew,
My heart grows light, my spirit too."

WEEK 2

December 10 — *Banishing Negativity*

Candle: Black
Herbs: Rue, bay leaf
Stone: Obsidian
Oil: Patchouli or Myrrh
Spell:
Wave your hands above the flame, imagining all dark or stagnant energy leaving your space. Blow gently toward the flame to push negativity outward.
Incantation:
"Shadows flee, negativity ends,
Only light and protection surrounds me, friends."

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WEEK 2

December 11 — *Inner Peace*

Candle: White or pale blue
Herbs: Chamomile, lavender
Stone: Blue Calcite
Oil: Lavender
Spell:
Visualize a calm sphere of white or blue light surrounding your body, bringing tranquility and serenity.
Incantation:
"Peace within, serenity near,
Calm and clarity now appear."

WEEK 2

December 12 — *Success & Ambition*

Candle: Gold
Herbs: Cinnamon, star anise
Stone: Pyrite
Oil: Bergamot
Spell:
Write a personal or career goal on a slip of paper. Place under the candle and visualize yourself achieving it successfully.
Incantation:
"Ambition rises, success flows,
Opportunities come as my spirit knows."

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WEEK 3

December 13 — *Mental Clarity*

Candle: Yellow
Herbs: Peppermint, lemongrass
Stone: Fluorite
Oil: Rosemary
Spell:
Hold the stone at your third eye. Visualize a bright yellow light clearing mental fog, sharpening thoughts and focus.
Incantation:
"Thoughts align, clarity shines,
Insight flows through heart and mind."

WEEK 3

December 14 — *Self-Love & Nurturing*

Candle: Pink
Herbs: Rose, hibiscus
Stone: Rose Quartz
Oil: Rose
Spell:
Circle the candle with rose petals. Place hands over your heart and visualize warmth and love radiating from within.
Incantation:
"Love within, I nurture and heal,
Self-kindness and joy I feel."

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WEEK 3

December 15 — *Protection of Home*

Candle: Black
Herbs: Sage, rosemary
Stone: Black Tourmaline or Obsidian
Oil: Myrrh
Spell:
Place the candle near your front door or altar. Visualize a protective shield forming around your home and all inhabitants.
Incantation:
"Walls of protection, strong and bright,
Keep my home safe both day and night."

WEEK 3

December 16 — *Gratitude & Reflection*

Candle: Gold
Herbs: Calendula, basil
Stone: Citrine
Oil: Orange
Spell:
Light the candle and reflect on lessons, blessings, and growth of the year. Visualize gratitude filling your heart.
Incantation:
"Grateful heart, spirit bright,
Blessings surround me day and night."

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WEEK 3

December 17 — *Intuition & Insight*

Candle: Indigo or violet
Herbs: Mugwort, lavender
Stone: Amethyst
Oil: Clary Sage
Spell:
Place the stone on your third eye. Close your eyes and visualize a violet light illuminating your inner guidance.
Incantation:
"Intuition rises, vision clear,
Guidance and insight now draw near."

WEEK 3

December 18 — *Emotional Clarity*

Candle: Light blue
Herbs: Chamomile, lavender
Stone: Moonstone
Oil: Ylang Ylang
Spell:
Hold the stone to your heart. Visualize a soft blue light clearing confusion and bringing understanding.
Incantation:
"Emotions clear, insight flows,
Peace and wisdom within me grows."

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WEEK 3

December 19 — *Joy & Celebration*

Candle: Gold or yellow
Herbs: Cinnamon, orange peel
Stone: Citrine
Oil: Sweet Orange
Spell:
Visualize bright, joyful energy filling your home. Celebrate small and large blessings alike.
Incantation:
"Joy surrounds, laughter flows,
Happiness within me grows."

WEEK 4

December 20 — *Creativity Spark*

Candle: Orange
Herbs: Calendula, marigold
Stone: Carnelian
Oil: Sweet Orange
Spell:
Imagine ideas flowing like a vibrant river from the candle flame into your mind. Record any inspirations that appear.
Incantation:
"Creative fire, rise and shine,
Inspiration flows, ideas align."

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WEEK 4

December 21 — *Winter Solstice Energy (Longest Night)*

Candle: White
Herbs: Sage, cedar
Stone: Clear Quartz
Oil: Frankincense
Spell:
Light the candle and visualize your inner light shining even in darkness. Reflect on growth and release what no longer serves you.
Incantation:
"In the dark, my light shines bright,
Guiding me through the longest night."

WEEK 4

December 22 — *Protection & Grounding*

Candle: Black or brown
Herbs: Sage, cedar, rosemary
Stone: Smoky Quartz
Oil: Vetiver
Spell:
Sit with feet on the floor. Imagine roots growing deep into the earth. Visualize your energy anchored and shielded from negativity.
Incantation:
"Roots grow deep, protection near,
Grounded, stable, I have no fear."

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WEEK 4

December 23 — *Passion & Vitality*

Candle: Red
Herbs: Cinnamon, ginger, damiana
Stone: Garnet
Oil: Patchouli
Spell:
Visualize red flames igniting your inner drive and vitality. Move your hands slowly around the candle in circles.
Incantation:
"Passion burns, energy flows,
Vitality within me grows."

WEEK 4

December 24 — *Joy & Celebration*

Candle: Gold
Herbs: Cinnamon, clove
Stone: Citrine
Oil: Sweet Orange
Spell:
Visualize happiness, laughter, and warmth filling your home. Celebrate life and all blessings.
Incantation:
"Joy abounds, laughter flows,
Happiness within me grows."

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WEEK 4

December 25 — *Love & Connection*

Candle: Pink or red
Herbs: Rose, hibiscus
Stone: Rose Quartz
Oil: Rose
Spell:
Visualize love surrounding your heart, connecting you to family, friends, and community. Radiate warmth and care outward.
Incantation:
"Love within, love around,
Connection and joy now abound."

WEEK 4

December 26 — *Reflection & Release*

Candle: Silver or white
Herbs: Sage, lavender
Stone: Moonstone
Oil: Frankincense
Spell:
Reflect on the year, acknowledging lessons and growth. Visualize releasing what no longer serves you.
Incantation:
"Old energy leaves, wisdom remains,
Clarity and peace within me gains."

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WEEK 5

December 27 — *Spiritual Growth*

Candle: Purple
Herbs: Mugwort, lavender
Stone: Amethyst
Oil: Clary Sage
Spell:
Place the stone on your third eye and visualize spiritual energy expanding. Connect with higher self and guides.
Incantation:
"Spirit grows, wisdom flows,
Higher guidance within me shows."

WEEK 5

December 28 — *Creativity & Inspiration*

Candle: Orange
Herbs: Calendula, marigold
Stone: Carnelian
Oil: Sweet Orange
Spell:
Visualize creative sparks flying into your mind from the flame. Record inspirations as they appear.
Incantation:
"Ideas flow, creativity shines,
Inspired thoughts are now mine."

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WEEK 5

December 29 — *Protection & Shielding*

Candle: Black
Herbs: Sage, rosemary, bay leaf
Stone: Obsidian
Oil: Patchouli
Spell:
Visualize a protective shield forming around your body and home. Anoint the candle base to tip.
Incantation:
"Energy strong, barriers bright,
Protection surrounds me day and night."

WEEK 5

December 30 — *Gratitude & Reflection*

Candle: Gold
Herbs: Basil, calendula
Stone: Citrine
1: Orange
Spell:
Reflect on the year's lessons and blessings. Visualize gratitude filling every corner of your life.
Incantation:
"Thankful heart, spirit bright,
Gratitude surrounds me tonight."

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WEEK 5

December 31 — *Closing the Year & New Beginnings*

Candle: White or gold
Herbs: Sage, frankincense
Stone: Clear Quartz
Oil: Frankincense or Sage
Spell:
Light the candle and visualize releasing what no longer serves you. Set intentions for the new year. Imagine a bright light guiding your path forward.
Incantation:
"The year now ends, lessons learned,
Energy cleared, blessings earned.
A new year comes, fresh and bright,
Guided forward in love and light."

