

The Spell-woven Path... of Daily Magick

MAY



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A month devoted to growth, heart courage, abundance, and self-discovery.

WEEK 1

May 1 — Abundance & Growth

Candle: Emerald

Herbs: Basil, Clover

Oil: Bergamot

Crystal: Green Aventurine

Preparation: Focus on what abundance means to you.

Spell: Carve an up arrow on the candle. Dress with oil from base to tip. Sprinkle basil & clover in a circle around the candle.

Visualization: See green light spiraling upward, drawing opportunities and wealth.

Incantation: *"Prosperity flows through me now."*

As It Burns: Feel energy moving into all areas of your life.

Closure: Keep the aventurine in a money or intention altar.

WEEK 1

May 2 — Self-Love & Compassion

Candle: Rose

Herbs: Rose, Lavender

Oil: Rose

Crystal: Rose Quartz

Preparation: Sit quietly, holding the rose quartz at your heart.

Spell: Carve a heart. Dress candle gently with rose oil. Scatter herbs in a soft circle.

Visualization: Pink light envelops your chest, radiating self-love.

Incantation: *"I honor and nurture my heart."*

As It Burns: Repeat affirmations of love and acceptance.

Closure: Carry rose quartz for continued self-compassion.

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WEEK 2

May 3 — Joy & Manifestation

Candle: Gold

Herbs: Calendula, Lemon Peel

Oil: Sweet Orange

Crystal: Citrine

Preparation: Place candle on a bright surface.

Spell: Carve a sun symbol. Dress with sweet orange oil. Sprinkle herbs in a sun-circle.

Visualization: Feel joy expanding outward like sunlight.

Incantation: *"Happiness radiates from me."*

As It Burns: Focus on what brings you delight.

Closure: Keep citrine nearby to amplify positive energy.

WEEK 2

May 4 — Mental Clarity

Candle: Teal

Herbs: Mint, Chamomile

Oil: Spearmint

Crystal: Amazonite

Preparation: Hold crystal and take deep breaths.

Spell: Carve a small eye symbol. Dress with oil in gentle spirals. Place herbs around candle.

Visualization: Your mind becomes calm and focused.

Incantation: *"My mind is clear and focused."*

As It Burns: Meditate or write down priorities.

Closure: Keep amazonite near your workspace.

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WEEK 2

May 5 — *Passion & Drive*

Candle: Scarlet

Herbs: Cinnamon, Clove

Oil: Dragon's Blood

Crystal: Garnet

Preparation: Sit for a moment feeling your heartbeat.

Spell: Carve a flame symbol. Dress with oil in upward strokes. Scatter herbs at the base.

Visualization: Fire ignites within, filling you with motivation.

Incantation: *"Energy and desire move through me."*

As It Burns: Set one passionate goal for the day.

Closure: Carry garnet to sustain drive.

WEEK 2

May 6 — *Calm & Insight*

Candle: Blue

Herbs: Lavender, Hyssop

Oil: Lavender

Crystal: Lapis Lazuli

Preparation: Sit quietly, focusing on breath.

Spell: Carve a crescent moon. Dress with lavender oil. Circle herbs around candle.

Visualization: Blue light softens your mind and awakens insight.

Incantation: *"I am serene and wise."*

As It Burns: Reflect on current challenges.

Closure: Keep lapis lazuli nearby.

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WEEK 2

May 7 — Vitality & Courage

Candle: Copper

Herbs: Ginger, Orange Peel

Oil: Ginger

Crystal: Sunstone

Preparation: Stand tall, feet firmly on the ground.

Spell: Carve a sun or arrow. Dress candle upward with oil. Scatter herbs in an energetic circle.

Visualization: Feel courage coursing through your body.

Incantation: *"My strength guides my steps."*

As It Burns: State one brave action you will take.

Closure: Carry sunstone.

WEEK 2

May 8 — Purification & Release

Candle: White

Herbs: Sage, Rosemary

Oil: Frankincense

Crystal: Selenite

Preparation: Sweep a sage smudge around the space.

Spell: Carve a circle on candle. Dress with oil. Surround with herbs.

Visualization: White flame burns away stagnant energy.

Incantation: *"I release what no longer serves."*

As It Burns: Reflect on what you wish to release.

Closure: Place selenite near doorway.

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WEEK 2

May 9 — Emotional Balance

Candle: Peach

Herbs: Apricot, Rose

Oil: Rose

Crystal: Morganite

Preparation: Hold crystal to heart.

Spell: Carve a heart on candle. Dress with oil and scatter herbs.

Visualization: Soft peach light steadies emotions.

Incantation: *"My heart is steady and kind."*

As It Burns: Breathe deeply.

Closure: Carry morganite.

WEEK 3

May 10 — Intuition & Dreams

Candle: Violet

Herbs: Mugwort, Jasmine

Oil: Clary Sage

Crystal: Amethyst

Preparation: Sit quietly, clearing your mind.

Spell: Carve a moon symbol. Dress with oil. Place herbs in a circle.

Visualization: Violet light opens inner sight.

Incantation: *"I trust the whispers of my soul."*

As It Burns: Meditate on intuitive impressions.

Closure: Keep amethyst nearby.

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WEEK 3

May 11 — *Grounding & Stability*

Candle: Forest Green

Herbs: Fern, Oak Bark

Oil: Cedarwood

Crystal: Jade

Preparation: Stand barefoot if possible.

Spell: Carve a triangle or tree symbol. Dress upward with oil. Circle with herbs.

Visualization: Roots flow from your feet into the earth.

Incantation: *"I am rooted in strength."*

As It Burns: Feel connection with the earth.

Closure: Carry jade.

WEEK 3

May 12 — *Creativity & Flow*

Candle: Orange

Herbs: Calendula, Ginger

Oil: Sweet Orange

Crystal: Carnelian

Preparation: Focus on creative intentions.

Spell: Carve a spiral or sun. Dress with oil. Circle with herbs.

Visualization: Inspiration flows freely.

Incantation: *"Inspiration moves through me freely."*

As It Burns: Sketch, write, or brainstorm.

Closure: Keep carnelian nearby.

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WEEK 3

May 13 — *Reflection & Insight*

Candle: Silver

Herbs: Willow, Chamomile

Oil: Jasmine

Crystal: Moonstone

Preparation: Sit quietly, hands on crystal.

Spell: Carve a circle. Dress candle. Place herbs around.

Visualization: Soft light reveals inner wisdom.

Incantation: *"I see myself with clarity."*

As It Burns: Journal insights.

Closure: Keep moonstone on your altar.

WEEK 3

May 14 — *Courageous Heart Candle Spell*

Candle: Red

Herbs: Rosemary, bay leaf, basil

Crystals: Carnelian, tiger's eye

Oil: Cinnamon oil

Incense: Dragon's blood

Spell Focus: Ignite bravery, dissolve fear, and strengthen emotional resolve.

Working: Anoint candle upward. Surround with herbs and stones. Write what you are afraid of and burn it safely.

Light candle and affirm: *"My heart is strong. My spirit is unbreakable. I walk forward in power."*

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WEEK 3

May 15 — Fertile Path Candle Spell

Candle: Green

Herbs: Alfalfa, mint, clover

Crystals: Moss agate, jade

Oil: Patchouli

Incense: Earth blend

Spell Focus: Bless new ventures and attract opportunity.

Working: Draw a spiral on candle. Visualize doors opening.

Speak: *"Every seed I plant grows in abundance."*

WEEK 3

May 16 — Soul Alignment Candle Spell

Candle: White

Herbs: Lemongrass, lavender

Crystals: Clear quartz, selenite

Oil: Frankincense

Incense: Sandalwood

Spell Focus: Realign mind, body, and spirit.

Working: Sit in silence with candle flame.

Breathe deeply 7 times.

Whisper: *"I return to my true path."*

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WEEK 4

May 17 — Magnetism & Attraction Candle Spell

Candle: Pink

Herbs: Rose, catnip, hibiscus

Crystals: Rose quartz, garnet

Oil: Ylang-ylang

Incense: Jasmine

Spell Focus: Enhance charm, draw love and connection.

Working: Carve heart and spiral into candle.

Gaze at flame and imagine golden light around you.

Say: *"I attract what is meant for me."*

WEEK 4

May 18 — Prosperous Home Candle Spell

Candle: Brown

Herbs: Cinnamon, basil, clove

Crystals: Pyrite, citrine

Oil: Nutmeg

Incense: Cinnamon

Spell Focus: Bless home with wealth and harmony.

Working: Place candle in kitchen.

Walk clockwise through home with incense.

Declare: *"Prosperity dwells within these walls."*

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WEEK 4

May 19 — *Gentle Healing Candle Spell*

Candle: Blue

Herbs: Chamomile, comfrey, lemon balm

Crystals: Blue lace agate, moonstone

Oil: Eucalyptus

Incense: Lavender

Spell Focus: Emotional and physical healing.

Working: Write what needs healing.

Hold paper under candle (do not burn).

Speak: *"Healing flows freely through me."*

WEEK 4

May 20 — *Destiny Activation Candle Spell*

Candle: Gold

Herbs: Bay, marigold, saffron

Crystals: Sunstone, clear quartz

Oil: Frankincense

Incense: Myrrh

Spell Focus: Awaken purpose and life direction.

Working: Draw a star on candle.

Hold crystal over flame and say:

"I step fully into my destined path."

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WEEK 4

May 21 — Confidence & Self-Worth Candle Spell

Candle: Yellow

Herbs: Dandelion, calendula

Crystals: Tiger's eye, citrine

Oil: Bergamot

Incense: Lemongrass

Spell Focus: Strengthen self-esteem and inner power.

Working: Write your name on candle.

Say: *"I honor who I am becoming."*

WEEK 4

May 22 — Dream Gateway Candle Spell

Candle: Indigo

Herbs: Mugwort, jasmine

Crystals: Amethyst, labradorite

Oil: Lotus

Incense: Star anise

Spell Focus: Enhance prophetic dreams and astral awareness.

Working: Place candle by bed.

Say: *"Tonight I walk the dreaming realms in clarity."*

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WEEK 4

May 23 — *Boundaries & Protection Candle Spell*

Candle: Black

Herbs: Rue, thistle, basil

Crystals: Obsidian, hematite

Oil: Patchouli

Incense: Copal

Spell Focus: Reclaim energy and establish healthy boundaries.

Working: Circle candle with salt.

Declare: "Only what serves me may enter my field."

WEEK 5

May 24 — *Sweet Success Candle Spell*

Candle: Orange

Herbs: Cinnamon, vanilla, orange peel

Crystals: Citrine, sunstone

Oil: Sweet orange

Incense: Cinnamon

Spell Focus: Attract joyful achievement and rewards.

Working: Visualize success blooming.

Say: "My efforts bear golden fruit."

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WEEK 5

May 25 — *Spiritual Authority Candle Spell*

Candle: Purple

Herbs: Sage, bay, hyssop

Crystals: Amethyst, lapis lazuli

Oil: Myrrh

Incense: Frankincense

Spell Focus: Claim personal power and wisdom.

Working: Hold hands over flame.

Speak: *"I stand in my sacred authority."*

WEEK 5

May 26 — *Path Clearing Candle Spell*

Candle: White

Herbs: Lemongrass, rue, peppermint

Crystals: Clear quartz, fluorite

Oil: Lemongrass

Incense: Eucalyptus

Spell Focus: Remove obstacles and stagnant energy.

Working: Sweep hands through smoke.

Say: *"My road opens before me."*

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WEEK 5

May 27 — Joy & Laughter Candle Spell

Candle: Pink & Yellow (twisted)

Herbs: Lemon balm, rose

Crystals: Rose quartz, citrine

Oil: Strawberry

Incense: Vanilla

Spell Focus: Restore happiness and emotional lightness.

Working: Smile at the flame.

Say: *"Joy returns to my life with ease."*

WEEK 5

May 28 — Manifestation Surge Candle Spell

Candle: Green

Herbs: Bay, cinnamon, mint

Crystals: Pyrite, lodestone

Oil: Cinnamon

Incense: Patchouli

Spell Focus: Accelerate manifestation power.

Working: Write desire on bay leaf.

Burn leaf in flame.

Declare: *"As I will, so it becomes."*

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WEEK 5

May 29 — *Intuitive Awakening Candle Spell*

Candle: Silver

Herbs: Mugwort, lavender

Crystals: Moonstone, amethyst

Oil: Jasmine

Incense: Myrrh

Spell Focus: Strengthen psychic awareness.

Working: Touch candle to forehead.

Say: *"My inner sight is clear."*

WEEK 5

May 30 — *Gratitude & Blessings Candle Spell*

Candle: White

Herbs: Rosemary, basil, clover

Crystals: Clear quartz, green aventurine

Oil: Olive oil

Incense: Sandalwood

Spell Focus: Honor blessings and attract more.

Working: Write 5 things you're grateful for.

Read them aloud to the flame.

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WEEK 6

May 31 — *Crown of Power Candle Spell*

Candle: Gold

Herbs: Bay, cinnamon, calendula

Crystals: Citrine, sunstone, clear quartz

Oil: Frankincense

Incense: Dragon's blood

Spell Focus: Seal the month with confidence, prosperity, and empowerment.

Working: Place crystals in a circle around candle.

Say: "I rise crowned in power, aligned with abundance, and ready for all that awaits."
